

Annual Report 2021



Polio Survivors Ireland (The Post Polio Support Group CLG),

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Introduction

The mission of Polio Survivors Ireland is to create awareness and to provide information regarding the Late Effects of Polio among polio survivors, statutory agencies and the medical profession, and to ensure that the needs of polio survivors relating to their condition are met to enable them to live with dignity. Polio Survivors Ireland was established for polio survivors by polio survivors.



The organisation was formed in 1993 and is run by a voluntary Board of polio survivors and volunteers. We are supported by voluntary committees, active members and a small executive staff at the office in Dublin. Our organisation is the only one in Ireland providing practical support to those unfortunate enough to have contracted polio. At the end of 2021 we had 995 members across the country.

Polio Survivors Ireland assists polio survivors by providing aids to daily living such as stair lifts, callipers, customised footwear, electric scooters and wheelchairs. We also help survivors access Physiotherapy, Occupational Therapy, Respite Breaks, and provide those who need it with assistance with their heating bills. We employ two Service and Information Co-ordinators who provide information, respond to requests for assistance from members and, perhaps most importantly, provide a listening ear to survivors in need.

The organisation has a network of 20 Social Support Groups around the country and also offers a Telephone Support Service for those members who have difficulty in attending meetings.

We work tirelessly to:

- Create awareness of Post Polio Syndrome
- Provide information on Polio and its late effects
- Support polio survivors to live as independently as possible

Any of the estimated 5,000 to 7,000 polio survivors in Ireland can contact us for support irrespective of whether they are a member or not.

Funding for Polio Survivors Ireland is provided by the Health Service Executive, the National Lottery and various grants from statutory and private bodies and fundraising by members, families and friends.



Cathaoirleach's Report

2021 continued to see a significant impact from Covid-19 on our organisation and its members. Staff continued to work remotely while members' social support in-person meetings remained suspended on health grounds. Board and committee meetings continued via zoom. Notwithstanding this disruption, the needs of our members were met where possible and a special drive was initiated to make contact with those of our members whom we hadn't heard from for a considerable length of time.



During the year we recruited a new Membership and Volunteer Recruitment Officer (MVRO) to recruit and train more active members and volunteers. Mag's Lovett joined us in June and immediately prioritised the recruitment of Telephone Support Leaders as these volunteers play a vital service by helping to reduce the loneliness and a sense of isolation that some members experience. This Service has become especially important due to Covid.

I am pleased to report that we have fully implemented the Charities Regulator's Governance code and reported accordingly to them. It involved an immense amount of work for the Governance and Compliance Committee and our CEO, and I would like to thank them for all the hard work they put into it. Our current extended Strategic Plan draws to an end this year, so we are starting the process of drawing up a new plan to meet our current and future needs over the next three to five years. We have also started to implement our new fundraising strategy which will be incorporated into the new Strategic Plan.

This year two members of our Board were elected to the Board of the European Polio Union (EPU) which should give us greater insights into possible treatments and supports for polio survivors.

On the financial side the year closed with a surplus of €13,148. The Board is confident that within the constraints of our resources we continue to provide an excellent service to our members.

I would like to thank my colleagues on the Board for their unstinting commitment to Polio Survivors Ireland and our members. On behalf of the Board and our members, I wish to thank our CEO, Fran Brennan and our staff and volunteers, on whom we all depend on for so much, for their commitment and dedication.

A handwritten signature in blue ink that reads "Macrina Clancy".

Macrina Clancy,
Cathaoirleach



Governance

Board

Board Nominations
Sub Committee

Finance & Audit
Sub Committee

Services Quality
& Safety
Sub Committee

Governance &
Compliance
Sub Committee

CEO

Staff

3 Active Member Networks

- Publicity & Campaigning
- Fundraising
- Recruitment

Services & Supports to Members

- Aids & Appliances
- Therapies
- Respite
- Heating Grant

Social Support Service

Network of Social
Support Groups
around the country

Telephone Support Service

RingRing
&
PhoneChat



Board Composition

In accordance with our constitution, there are up to 8 Elected Directors on the Board and up to 5 Board Nominated Directors. The 8 Elected Directors are elected in 5 regions. Regions have either 1 or 2 seats on the Board depending on the number of members in the region. The number of seats per region is as follows:

South East Region:	2 seats on the Board
Dublin Region:	2 seats on the Board
North East Region:	1 Seat on the Board
West Region:	1 Seat on the Board
South Region:	2 Seats on the Board

Elected Directors are elected at each Annual General Meeting (AGM). Elected Directors must be a member of the organisation for at least one year. All members are entitled to vote either by postal ballot or by attending the AGM. 50% of Elected Directors are required to step down each year but may stand again for election up to a maximum of 6 years.

Board Appointed Directors are appointed to the Board on a recommendation from the Board Nominations Committee. Board Nominated Directors are recruited externally from the organisation to supplement the mix of skills on the Board. The Board Nominations Committee drafts a list of requirements for new Board Appointed Directors and seeks candidates in accordance with these requirements. The Committee meets with candidates before recommending them to the Board. If the Board proceeds with the appointment the Board Nominated Director joins the Board but must be ratified by a ballot of the members at the next AGM. Board Nominated Directors serve for a three year term but this may be renewed for another three year term by the Board subject to the approval of the membership at an AGM.

Board Officers

Generally at its first meeting following the AGM, the Board elects its Chair for the year, along with its Deputy Chair, Company Secretary and Treasurer. The Board may also elect a Minutes Secretary. The following officers were elected as officers of the Board for the year 2021 - 2022:

Macrina Clancy	Chairperson
Frank Mitchell	Deputy Chairperson
Fintan Foy	Company Secretary
Miriam Kavanagh	Treasurer
Mary Byrne	Minutes Secretary

Board Meetings

8 meetings of the Board took place in 2021 on the following dates:

- 16th February
- 22nd April
- 25th May
- 30th June (After AGM)
- 12th July
- 3rd Sept
- 22nd Oct
- 10th Dec



Board attendance for each of the directors was as follows:

James Doorley	6 Meetings	Macrina Clancy	8 Meetings
Robert Alcorn¹	1 Meeting	Frank Mitchell	8 Meetings
Charlie Smith	8 Meetings	Fintan Foy	7 Meetings
Zaynab Salman³	4 Meetings	Miriam Kavanagh	8 Meetings
Mary Byrne⁴	5 Meetings	Elaine Twomey²	2 Meetings
Pat McGillion	7 Meetings		

1 Robert Alcorn resigned from the Board at the AGM on 30th June, 2021

2 Elaine Twomey resigned from the Board on 3rd September, 2021

3 Zaynab Salman was elected to the Board on 30th June, 2021

4 Mary Byrne was elected to the Board on 30th June, 2021

Board Sub-Committees

There are 4 Board Sub-Committees:

- **Governance & Compliance**
- **Service Quality & Safety**
- **Finance & Audit**
- **Board Nominations**

Each committee is comprised of Board Directors and non-Directors appointed by the Board in accordance with the committees' Terms of Reference. The Chair of each Sub-committee must be a Director. The role of each Sub-committee is as follows:

Governance & Compliance

This Sub-committee advises and reports to the Board on all governance matters. It reviews periodically the organisation's constitution, policies and procedures, structures and risks. It is responsible for monitoring implementation and adherence to the CRA's Governance Code as well as adherence to Company Law and other regulatory requirements. It also advises the Board on any new legal or regulatory requirements.

The Governance & Compliance Committee met 6 times in 2021 on the following dates:

- 2nd February
- 29th March
- 31st May
- 31st August
- 19th October
- 30th November



Service Quality & Safety

This Sub-committee drives quality improvement in the services provided by the organisation and provides a level of assurance to the Board that appropriate and effective systems are in place covering all aspects of service quality and safety. The Sub-committee endeavours to ensure that all services and supports are provided to polio survivors according to the highest ethical, quality and safety standards. It sets standards for each service provided by the organisation and monitors adherence to these standards. The Sub-committee undertakes surveys among members to evaluate the quality of the services provided and the extent to which they are meeting the members' needs.

The Service Quality & Safety Committee met 4 times during the year on the following dates:

- 9th February
- 20th April
- 13th July
- 14th September

Finance & Audit

This Sub-committee monitors the effectiveness of the organisation's financial management, internal financial controls, financial risk management, and oversees the external audit. It agrees, and periodically reviews policies, procedures and reporting mechanisms relating to financial matters to make sure there is compliance with all relevant legal and regulatory requirements. The Sub-committee also monitors compliance with the terms and conditions of public or private grants and ensures that financial reports comply with all statutory requirements and meet current best practice.

The Finance & Audit Committee met 4 times during 2021 on the following dates:

- 3rd March
- 19th April
- 14th June
- 17th November

Board Nominations

This Sub-committee's role is to ensure that the Board, and its Sub-committees have access to people with the necessary qualifications, skills, expertise and experience to guide the organisation in achieving its mission while ensuring good governance. It reviews the skills, knowledge and expertise required for Directors of the Board, having regard to the strategic direction of the organisation and the duties and obligations imposed on Directors, and relevant skills and expertise gaps on the Board. From this review it sets out the requirements for new Board Appointed Directors and oversees the recruitment process. The Sub-committee evaluates Board candidates and, in accordance with the Constitution, makes recommendations on appointments to the Board.

The Board Nominations Committee held one meeting in the year on 20th September.



Other Committees

The Board establishes other committees from time to time to progress specific projects. The Board had two such committees in 2021, the Fundraising Steering Group and the IQ Committee.

Risk Management

The Organisation has a Risk Policy and maintains a Risk Register. The Risk Register has the following risk categories:

- **Strategic**
- **Reputational**
- **Governance**
- **Operational**
- **People**
- **Financial**
- **Service**

Each Board Sub-committee monitors risks in its area of responsibility. If a Sub-committee identifies a new risk it will consider mitigation actions and refer the matter to the Governance & Compliance committee. This committee reviews the risk and advises the Board if it believes the risk and its accompanying mitigation actions should be added to the Risk Register. The Governance & Compliance Sub-committee monitors progress on implementation of the mitigation actions. The Risk Register is reviewed in its entirety by the Board each year.

Conflict of Interest

The Organisation has a Conflict of Interest policy and, at the time of their appointment, each new Director is asked to complete a Conflict of Interest Declaration. Information on this Declaration is then entered onto the Conflict of Interest Register. The Governance & Compliance Sub-committee reviews the Conflict of Interest Register from time to time and advises the Board of any issues arising. The Board reviews the Conflict of Interest Register once a year. At each Board meeting Directors present are asked to declare any possible Conflict of Interest that might arise in respect of any item on the meeting's agenda.



Strategic Plan Implementation 2021

2021 was the final year of implementation of the organisation's extended strategic plan. Outcomes for the year were as follows

Strategic Priority 1:

Directly provide a range of services and supports that assist polio survivors in maintaining their independence, reducing their social exclusion and enhancing their quality of life

- **Aids & Appliances:** 78 people benefitted from the provision of aids & appliances in 2021 despite some on-going disruption due to Covid 19
- **Therapies:** With less disruption than last year, 41 members received funding for Therapies from the organisation
- **Social Support:** There were 16 meeting across 7 groups via Zoom
- **Telephone Support:** 5 new leaders recruited & a further 6 attended training
- **Service Quality:** Surveys undertaken on provision of aids & appliances, very positive feedback received
- **Member Support:** 143 people received advice, information & individual advocacy
- **Heating Grant:** 242 members were provided with a Winter Heating Grant
- **Respite:** 36 members received a Respite Break
- **Stairlifts:** 5 members' stairlifts were repaired

Strategic Priority 2:

Inform, educate and assist polio survivors in accessing the services, supports, medical care and benefits they require

- 3 Survivor Magazines & 10 ezines issued to members, 3 newsletters sent to people on the Polio Register
- Leaflet on Late Effects of polio distributed to 1,000 GPs
- A digital campaign in GP surgeries highlighted the polio register to patients in waiting rooms



Strategic Priority 3:

Objectives & Actions: To advocate for improved statutory provision of services, supports, medical care and social welfare benefits for polio survivors

- CEO joined the Dialogue Forum between statutory agencies & voluntary organisations

Strategic Priority 4:

Develop the organisational board and staffing structures in Polio Survivors Ireland to implement this plan and achieve these objectives

- 22 new members joined the organisation during the year
- 2 new people recruited to the Board
- MVRO appointed in June 2021
- 7 Active Members appointed

Strategic Priority 5:

To seek increased and, or, new long-term funding and to develop an appropriate and realistic fundraising strategy

- Fundraising Strategy finalised, approved by the Board and implementation commenced
- Fundraising Steering Group established
- List of potential corporate donors drawn up



Annual Conference & AGM 2021

Once again, due to the on-going Covid 19 pandemic, we were unable to hold our AGM in person. However, this year we did reintroduce aspects of an annual conference to the event with guest speakers such as Zaynab Salman, TCD Cold Study; Laura Dowling, National Advocacy Service; Georgina Cruise, Patient Advocacy Service; Daragh Cassidy, Bonkers.ie; Dr Diarmuid Quinlan, Irish College of General Practitioners and Paul Gallier, Age & Opportunity.

The Conference/AGM took place on Wednesday 30th June, via Zoom. We were very pleased that sixty members attended the meeting and participated in what was a lively and enjoyable afternoon. We were delighted to have a number of presentations, from a variety of speakers, which were of great interest to members.

Huge thanks are due to each of our speakers, who gave their time so willingly and persevered even with rushed timings and technical gremlins. We are also grateful to all those who attended. It's not easy to sit through Zoom meetings, when everyone would much rather be meeting up with old friends and familiar faces over cups of tea.



While members would much rather have met in person, feedback after the Conference was very positive especially about the guest speakers whose presentations the attendees found very interesting and useful.



AGM

The Annual General Meeting took place during the Conference. The Chair, Pat McGillion, opened the meeting by noting the members who had passed away since the previous year's conference.

Chair's Report



Pat presented his report on the highlights of 2020. Financially, the organisation had a loss of over €16,000 largely due to disruption caused by Covid. However, a new fundraising strategy was developed during the year aimed primarily at raising funds from the corporate sector. While most services to members were badly impacted by Covid 19 in the earlier part of the year, things improved as the year progressed and were on a much better footing by the year end. Active member and volunteer activities along with recruitment of new active members were severely affected during the year by Covid and the on-going vacancy in the Membership Recruitment & Volunteer Officer (MVRO) position.

With the Strategic Plan due to expire at the end of 2019, the Board decided to extend it to the end of 2021. However, a new Strategic Priority was added, on seeking additional funding in the context of the development of the new Fundraising Strategy. The Chair then updated the meeting on implementation of the extended Strategic Plan, outlining progress made under each of the Strategic Priorities in the plan.

Finally, Pat noted that Robert Alcorn was stepping down as a Board Director at this AGM. Pat thanked Robert for his contribution to the Board. Pat also introduced two new staff members, Gill Jackson, the Administration Officer since last autumn, and Margaret May Lovett, the new Membership & Volunteer Recruitment Officer (MVRO) who commenced in June of 2021.

Company Secretary's Report

Company Secretary Fintan Foy reported that the Company and its Officers have made all returns required to the necessary regulatory authorities and have, as far as they are aware, complied with all necessary statutory provisions.

Fintan advised the meeting that 8 meetings of the Board were held in 2020, in addition to meetings of the Board Sub-committees, namely the Service, Quality & Safety Committee; Governance & Compliance Committee; Audit & Finance Committee and the Board Nominations Committee.

A particular priority and major focus for the year was completing the implementation of the Charities Regulator's Governance Code. The Company Secretary thanked the members of the Board, the Board Governance & Compliance Sub-committee and the staff for the huge amount of work they put into completing the process.

Fintan noted that Robert Alcorn was retiring from the Board, while Macrina Clancy and Charlie Smith were standing down, but putting themselves forward for re-election. There were also nominations for two new Board members, Zaynab Salman for the Dublin Region, and Mary Byrne for the South East Region. As the number of nominations in these regions were equal to, or less than, the number of vacancies, all four were deemed elected without the need for a ballot.



As a result the situation regarding the Elected Directors was as follow

REGION	SEATS	ELECTED DIRECTORS 2021
South East	2	Macrina Clancy - Deemed Re-elected Mary Byrne - Deemed Elected
Dublin	2	Pat McGillion - Elected 2020 Zaynab Salman - Deemed Elected
North East	1	None
West	1	None
South	2	Frank Mitchell - Elected 2020 Charlie Smith - Deemed Elected
Elected Directors	8	6 Elected Directors

These Elected Directors would be joined on the Board by the 4 on-going Board Nominated Directors:

- Elaine Twomey
- Fintan Foy
- Miriam Kavanagh
- James Doorley

Treasurer's Report

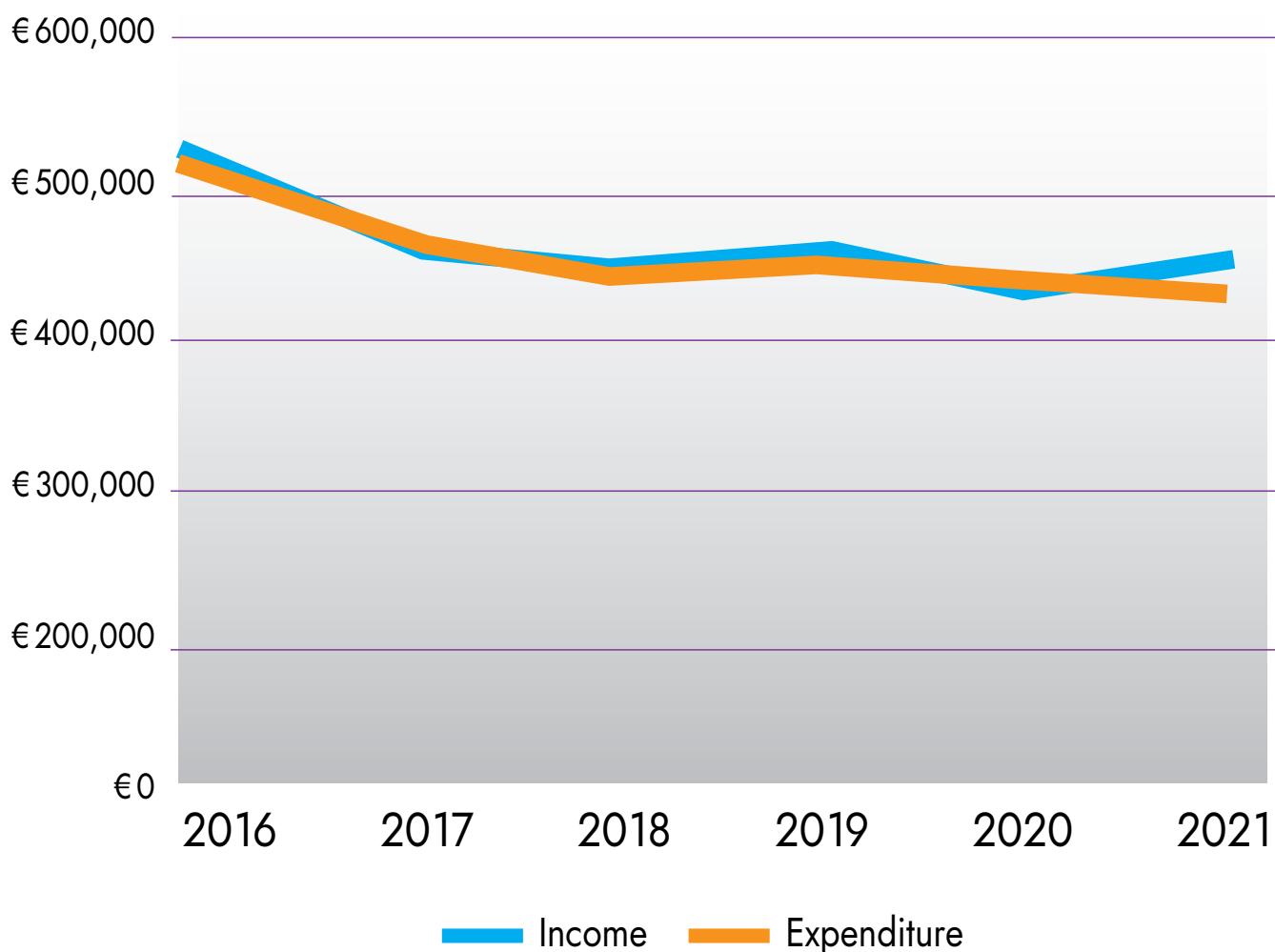
The Treasurer, Macrina Clancy, then delivered her report. Macrina noted that the Audited Accounts for 2020 had been sent to all the members well in advance of the AGM. She then presented a number of slides highlighting key extracts from the accounts such as:

- **Total Income was €427,995 in 2020 compared to €455,517 in 2019**
- **Total Expenditure was €444,548 compared to €464,681 the previous year**
- **As a consequence, the organisation recorded a loss of €16,554**

The Treasurer then went through many of the cost areas in detail, particularly those relating to service provision. Finally Macrina focussed on the on-going trend experienced by the organisation of a gradual loss of funding.

She presented a slide illustrating how income had fallen from over €500,000 per annum in 2016 to €455,000 now. This graph illustrated how the organisation had managed to keep expenditure broadly in line with income but Macrina emphasised that this wasn't going to be sustainable for much longer.





That completed the Officers' reports.

Resolutions

The Chair then put three resolutions to the meetings:

Total Proxy Votes Cast: 142

	For	Abstain	Against	No Vote
Resolution 1.	142	2	0	
Resolution 2.	140	1	1	
Resolution 3.	137	4	0	1

1. To Approve the 2020 Financial Statements
2. To Appoint Nolan & Associates as Auditors for 2021
3. To Approve the amendment to Article 20 of the Constitution clarifying online participation in AGMs



As the meeting was being held by Zoom, only proxy postal ballots were cast. The results of the ballot on all three resolutions were:

The Chair accordingly declared all three resolutions passed.

The Chair noted that Zaynab Salman and Mary Byrne has been elected to the Board for the first time along with Macrina Clancy and Charlie Smith, who were re-elected. Pat welcomed the new Directors and commented that he looked forward to working with them in the year ahead.

AOB

The Chair then asked the delegates if they had anything they wished to raise under Any Other Business.

- Paula Lahiff said she would like to see something more concrete done to honour the late Joan Bradley's great work for the organisation. Pat McGillion responded that the Board would give consideration to this suggestion. Tony Munnely thanked the Board for all of their hard work especially with finances and offered congratulations to all. Monica Sheehan expressed shock at the number of deaths in the past year. The CEO, Fran Brennan, responded that there was a noticeable increase in deaths notified to the organisation and it is possible that some may be due to Covid 19, as well as the increasing age profile of members. Hugh McHugh asked about progress with the Rehab group.
- Pat McGillion responded that the Board tried to get a meeting with Rehab's new CEO last year without success and has recently written to the new Chair of Rehab and are awaiting a response.
- Evelyn Wainwright complimented everyone on the organisation of the Conference and AGM on zoom and said that they had done a remarkable job.

The Chair then concluded the meeting

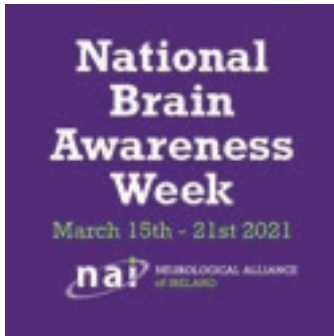
As the meeting was held remotely there was no delegate evaluation of the Conference & AGM.



Highlights of 2021

Covid 19 was still very much in the background throughout all of 2021 and continued to impact any in-person meetings and events. Thankfully the provision of equipment and therapies was much less affected than in 2020 although supply chain issues did seriously affect the delivery of aids and appliances in the last few months of the year.

Brain Awareness Week



Brain Awareness Week (BAW), organised by the Neurological Alliance of Ireland (NAI), took place from 15th - 20th March 2021, with Polio Survivors Ireland's own BAW event taking place on Friday 20th at 11am on zoom.

We were delighted to have Dr Amina Coffey present her research: CorticoMuscular Coherence Study - Network Changes in Polio Survivors, to our participants, many of whom had taken part in the research. Amina spoke about how this research points to different areas of the brain being affected by polio, depending on the age

at which someone had contracted polio. The research could be used as a tool to measure whether potential treatments are working or not.

A lot is still to be learned about neurological conditions, but it is heartening to see this ongoing research and work involving polio survivors. For more information, see Amina's article, or you can view the slides on our website.

Thanks to all those who attended. Our thanks also to the NAI for all the hard work that goes into arranging Brain Awareness Week and improving awareness of those with neurological conditions. #LoveYourBrain2021

New Membership & Volunteer Recruitment Officer (MVRO)

Recruitment for this position was very difficult during the Covid lockdowns and it took a long time to fill the vacancy. The organisation was very pleased therefore when Margaret May Lovett commenced in the role in June 2021.

Margaret has a Masters in Community Development, and has worked for many years in the community to promote social justice, equality and inclusion. Prior to joining Polio Survivors Ireland, Mags worked in the Offaly Traveller Movement, a membership organisation whose mission is to empower Travellers, build partnerships and advocate for full equality for Travellers. In this role she coordinated a health promotion programme in collaboration with the HSE Public Health Nurses.

Previously Margaret worked as an Employment Mediator in Dublin and was part of a formal Interagency Working Group that delivered services to people in Fatima Mansions, Dolphin's Barn and St. Michaels Estate. She also set up and convened the Offaly Homeless Forum building up the membership and inviting representation from service users, the Department of Social Protection, the St. Vincent de Paul, An Garda Síochána, the Probation Service, Community Welfare Officers, Simon, voluntary housing bodies and the HSE. Margaret has also been a Homeless Officer with Offaly Co. Council and a Community Development Worker with several women's community projects.

The Board and staff of Polio Survivors Ireland were delighted to welcome Margaret on board.



Telephone Support Training



One Service not affected by Covid 19 is our Telephone Support Service. Indeed with members increasingly socially isolated as a result of the pandemic, demand for the Service is greater than ever. In recent years however, a number of Telephone Support Leaders have retired after many years volunteering.

One of the priorities for our new MVRO, Margaret (Mags) Lovett was to follow up with members interested in becoming new Leaders and arranging training for them. Unfortunately with the Covid restrictions all training had to take place online via Zoom which didn't suit some potential volunteers. Nevertheless Mags arranged two training courses in the summer and autumn facilitated by our regular trainer, Maeve Halpin (pictured). The training covers active listening skills, boundaries, codes of conduct and the practicalities of making calls.

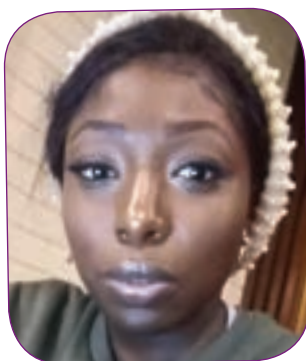
Here is what some of the participants had to say about the training.



I took part in the on-line Telephone Support Leader training on Saturday 14th of August. This was a very well organised, well informed event, also friendly and supportive. The timing was perfect, the day progressed smoothly and efficiently, so we were able to learn clearly what is needed to be a successful Ring Ring telephone supporter for Polio Survivors. I have been on zoom meetings before for continuing professional development and this event was excellent.



Helen Meldon



Awa Ndami Thione (left) also enjoyed the day and felt the training was a great opportunity



I am delighted I had a lifetime opportunity to do the training with Polio Survivors Ireland. There was so much to learn.



Awa Ndami Thione

The two training sessions led to the appointment of nine new leaders a huge boost to this Service at a time when it is needed more than ever.



Polio & Us



In 2007 Polio & Us was published by the organisation. The book consists of the personal stories of polio survivors in Ireland. The book was originally coordinated by Paula Lahiff and edited by the late Nuala Harnett. Along with Nuala, a number of the contributors have sadly passed away since then.

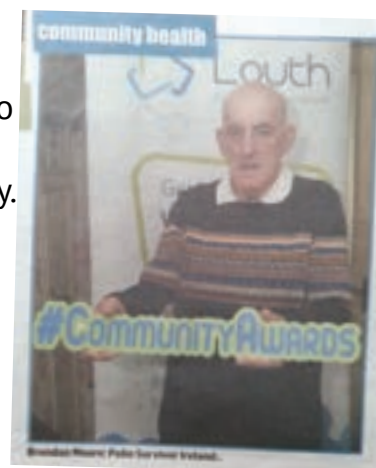
The book has been out of print for some years but the organisation felt it was important to preserve this important publication as the contributions within it are a valuable and timeless record of the impact of polio in Ireland. Work on republishing the book began during the year and every effort was

made to remain faithful to the original edition. The book will be launched in 2022, Covid permitting, and will be available to purchase on Polio Survivors Ireland website, or via the office.

Polio Survivors Ireland is very grateful to Emma Clarke Conway, who led the republishing project, to our designer Geraldine Martin, who was responsible for giving the book design a refresh, and to Jackie Minnock, whose wonderful photo features on the cover - the essence of positivity and resilience. Thanks also to Nuala's husband, John, and for providing her original files and to everyone who supported this project once again.

Award for Brendan Moore

Congratulations to our member, Brendan Moore, pictured here, who was proudly nominated for a Louth Public Participation Network Award for his outstanding work and contribution to the community. Brendan has helped to promote the welfare of polio survivors in Louth, for over ten years. His commitment has been recognised as outstanding. Brendan is unstoppable when it comes to promoting Polio Survivors Ireland and raising funds for its members and his nomination was very well deserved.



Fundraising Strategy

The organisation has been acutely aware of the decline in its funding over recent years and its dependence on one major funder. Traditionally members have undertaken a range of activities to raise funds for the organisation. However, as the members' age, and grapple with the increasing impact of Post Polio Syndrome, income from such fundraising activities has been gradually falling. To address this the Board added a new Strategic Priority to the extended Strategic Plan "To seek increased and, or, new long-term funding and to develop an appropriate and realistic fundraising strategy"

Polio Register Campaign

The Register was promoted through regional advertising campaigns on local radio and in newspapers in the North East, Midlands, South West and the North West. In addition the Register was advertised on screens in waiting rooms of GP practices across the country. 412 polio survivors, who were not members of the organisation, have signed up the Register since the initiative commenced in 2017.



Fundraising in 2021

Covid 19 severely limited the scope for many member and supporter run fundraising activities in the year. However, grants income was quite good in comparison and as a consequence fundraising income overall was just over target.

Comic Relief Grant

Polio Survivors Ireland was one of the charities to benefit from the funds raised by RTE Does Comic Relief. The Community Foundation of Ireland were responsible for distributing the funds raised and advised the organisation that its project 'Thinking outside the box' – developing a fundraising strategy for the post-Covid world was awarded nearly €3,000.



With this grant the organisation is in a position to develop an alternative fundraising model that addresses the vulnerabilities in its fundraising activities exposed by Covid 19 and help ensure it can continue to provide vital services to polio survivors, who are already on the periphery of society in terms of financial vulnerability and isolation.

Polio Survivors Ireland is very grateful to the public for their support of RTE Does Comic Relief, which is helping so many charities affected by the pandemic, and to the Community Foundation of Ireland, who administered the grant.



Yoga Fundraiser

We were delighted that the daughter of our late member, Joe Lynch, ran a fundraiser to support us last year. Sheryl ran yoga classes on Saturdays throughout June 2021 in exchange for donations and raised a fantastic €670. We greatly appreciated the efforts of Sheryl and all her participants to raise money for polio survivors.

Women's Mini-Marathon

Once again due to the restrictions around Covid 19, the VHI women's Mini Marathon took place on a virtual basis. Participants could therefore take part on their own or in small groups in their locality at a time of their choosing. This virtual aspect of the mini marathon is perhaps one positive out of the pandemic – opening it to polio survivors who might not otherwise have been able to participate. Once again our Fundraising Network National Co-ordinator, Anne Burns, led the way. Anne was chosen as Louth County Champion for the 2021 Women's Mini Marathon and was featured in the Drogheda Independent. Anne also had a blog and video on the VHI WMM social media. Anne successfully completed the 10K and raised significant funds from sponsorship.



Pictured above is Libby Hendricks, who also took part in the Mini Marathon in September. Our thanks to Libby's helpers and sponsors, to whom we are very grateful. We are also very grateful to Aideen Lee and Fiona Downes Shelly, who took part raising valuable funds for us this year. We hope everyone enjoyed getting out and keeping active, for a good cause. Overall thanks to their efforts €1,551 was raised for the organisation from the year's VHI Women's Mini Marathon.



Hospital Saturday Fund (HSF)

One of the major highlights of the year was the awarding of a grant of €13,500 from the HSF to support our annual Winter Heating Grant. The heating grant is given to members on low incomes at potential risk of hypothermia due to the late effects of polio. Polio survivors have to keep their homes warm all year round so the cost of energy is a major issue for many survivors. The HSF grant ensured that the organisation was able to issue a grant of €125 towards energy costs to all those members who needed it for the winter. Polio Survivors Ireland is very grateful for the support of HSF.

Other Grants

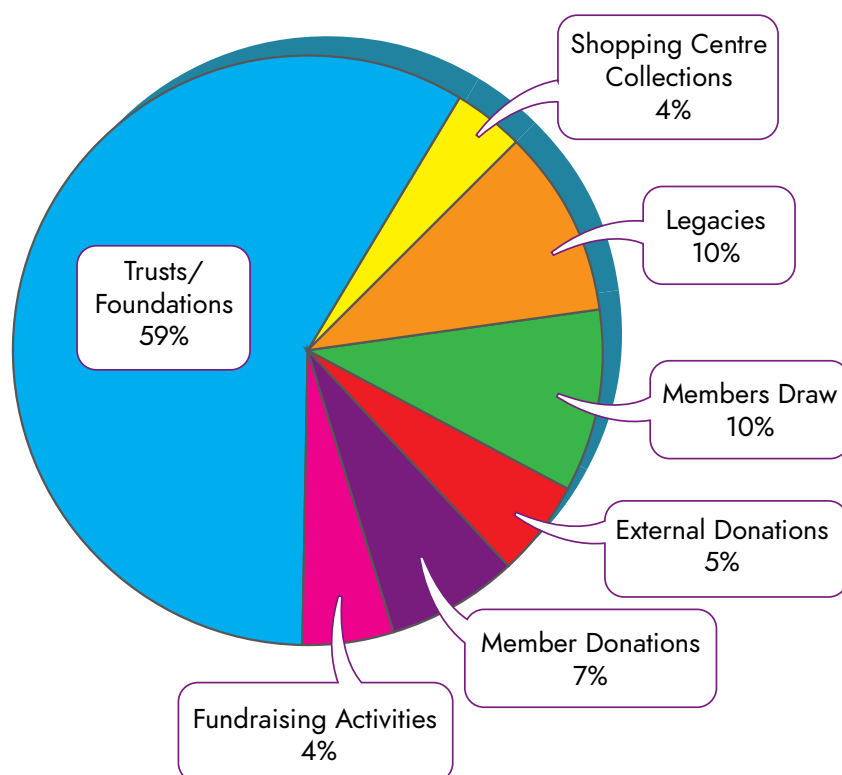
Other grants received in 2021 included:

- Cork Street Fund grant of for the Winter Heating Grant: €2,000
- J.P. McManus Charitable Foundation for services in the Mid-West: €5,000
- Community Foundation of Ireland Covid-19 Recovery Building Capacity: €5,000 Grant which will support the development of our new strategic plan:

These grants all played an important role in maintaining our services and helping to ensure the future of the organisation.

Fundraising Income 2021 by Source

Total income from fundraising in 2021 was €72,134. This income came from the following sources:

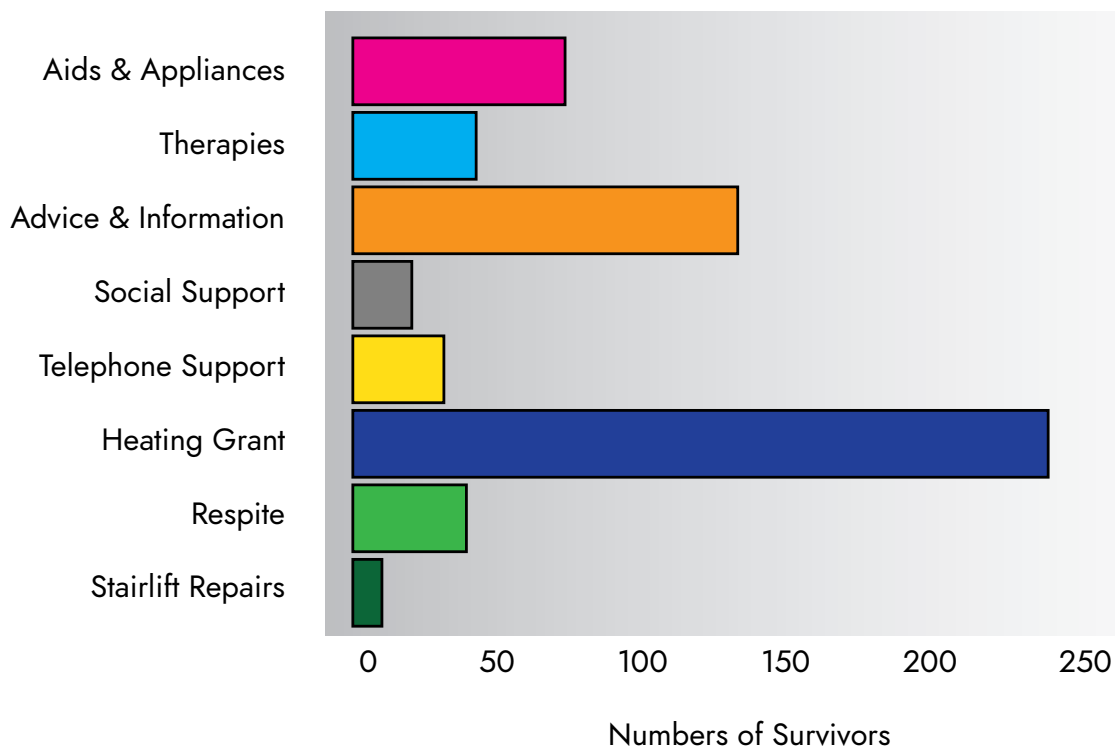


Service Provision 2021

Polio Survivors Ireland directly provides services and supports to a significant proportion of its members each year, while the remainder receive news and helpful information through our Survivor magazine and our regular ebulletins.

While Covid 19 remained an issue in 2021, it had less of an effect on the provision of aids and appliances and therapies as providers adapted to the restrictions. Our Social Support Service was most impacted by Covid although a small number of groups did meet online during the year.

The number of members stood at 995 at the end of 2021. In addition another 298 polio survivors are on our Polio Register and are communicated with regularly by the organisation. The number of survivors benefitting from each service area is illustrated in the chart below:



Information and advice provided to polio survivors included sending information packs, new member forms, guides for the treatment of post polio syndrome, medical alert cards and information on the Telephone and Social Support services.

Other enquiries related to:

- Transport such as disabled driver supports, parking permits, car adaptations and Free Travel passes.
- Housing supports including information regarding house adaptations, access to homes, Housing Assistance Payments, housing waiting lists and housing charities.
- Social welfare queries such as invalidity pensions, disability allowances, and social welfare application and appeal processes.



The Service & Information Co-ordinators noticed a significant increase in calls relating to member well-being since the start of the pandemic. Emotional issues arising from the lockdowns and restrictions included loneliness, depression and anxiety. Mobility issues around changing street layouts as a consequence of outdoor drinking and dining were also reported.

The Organisation participated in the launch of the National Housing Strategy for Disabled People (2022–2027). Members participated in the call from the Housing Agency for short videos depicting their current living situation and outlining their hopes for the new strategy, which were used at the launch.

A significant group of members are recent arrivals to Ireland, and for many of these the Direct Provision (DP) system presents particular difficulties, especially in respect of their disabilities. Following an invitation from DFI to make a submission to the Government's White Paper on the phasing out of direct provision system, Polio Survivors Ireland conducted a study on the experience of members in the Direct Provision system. Findings included negative experiences arising out of the existing delivery of accommodation, lack of therapeutic interventions and opportunities for education along with poor communication, welfare issues and potentially homelessness after exiting DP.

Complaints

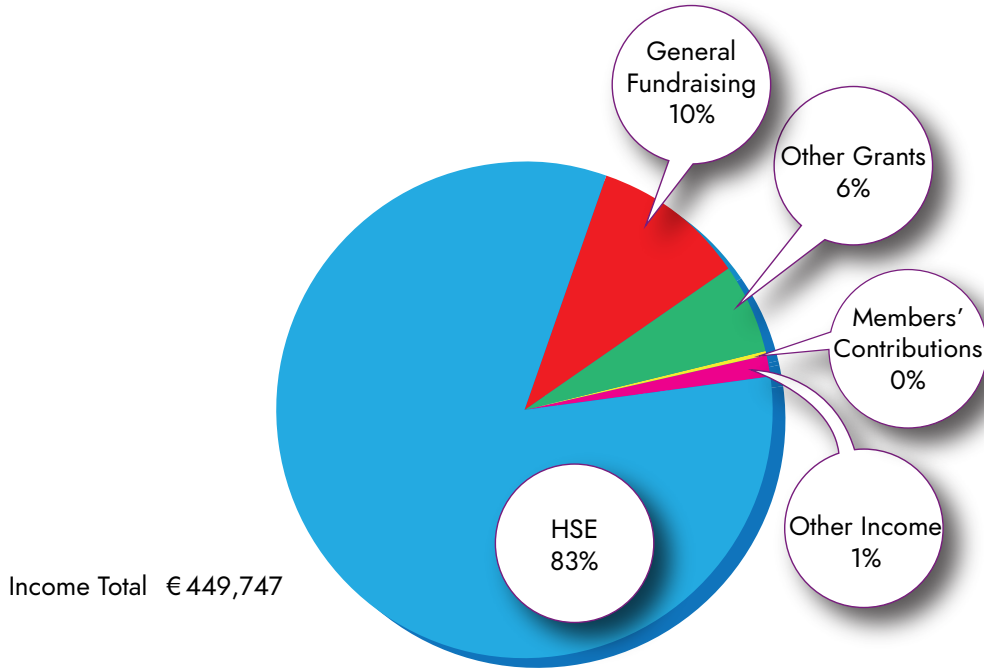
Polio Survivors Ireland has a complaints procedure and maintains a register of all complaints and actions arising from them. No complaints were registered in 2021.



Financial Report 2021

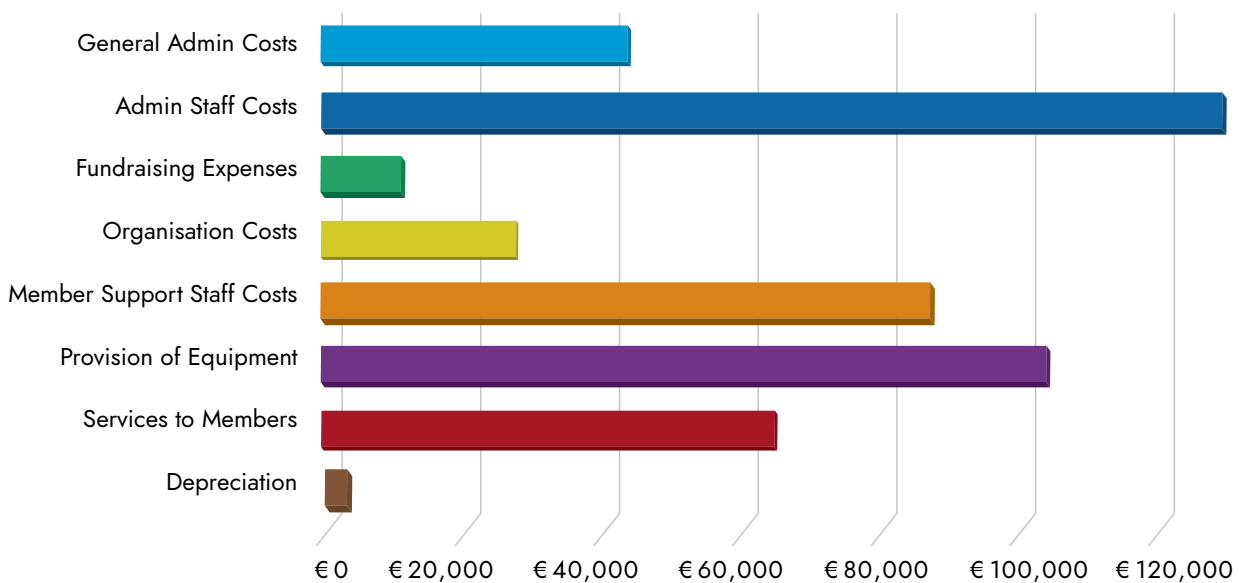
Total income in 2021 was €449,747 compared to €427,995 in 2020. Expenditure was €436,599 in the year versus €444,549 in 2020. As a consequence the organisation recorded a surplus of €13,148 as against a loss of €16,554 the previous year.

Income



The higher income was due to the first part of the HSE pay restoration process and HSE administered National Lottery grants and an improvement in income from other grants during the year. Members' contributions refers to members' annual affiliations and contributions made towards the cost of events. Other income includes deposit interest, advertising in the Survivor magazine and vat refunds.

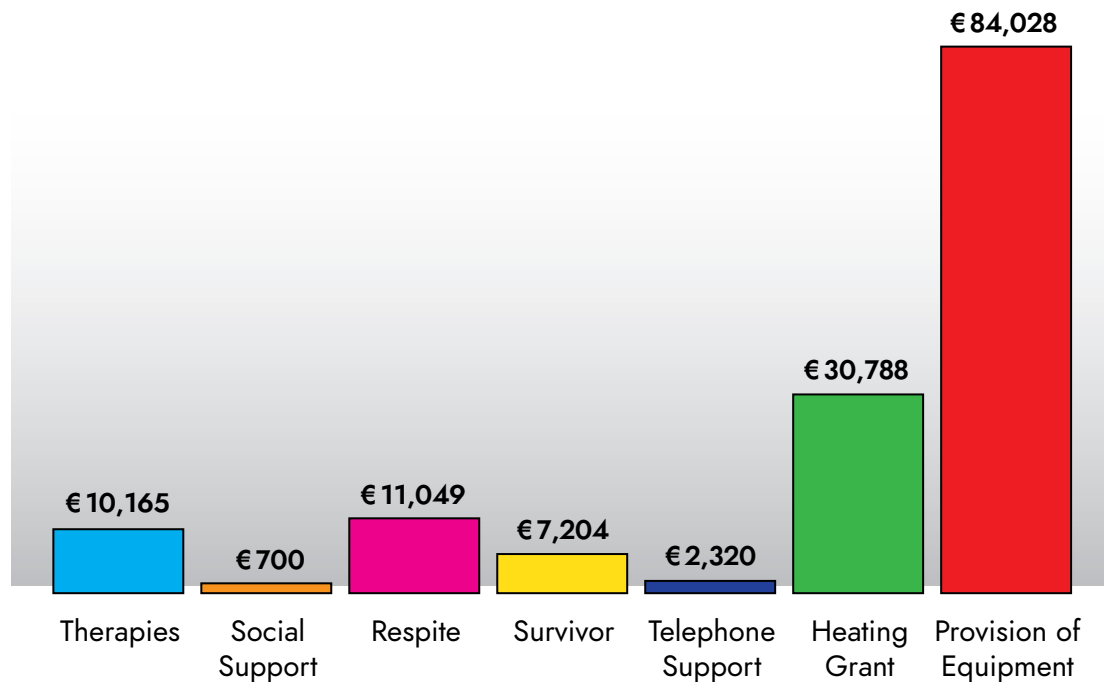
Expenditure



Total expenditure was €8,000 less than the previous year. This was largely due to problems with the supply of aids and appliances from abroad and the gradual winding down of the Polio Register promotional campaign.

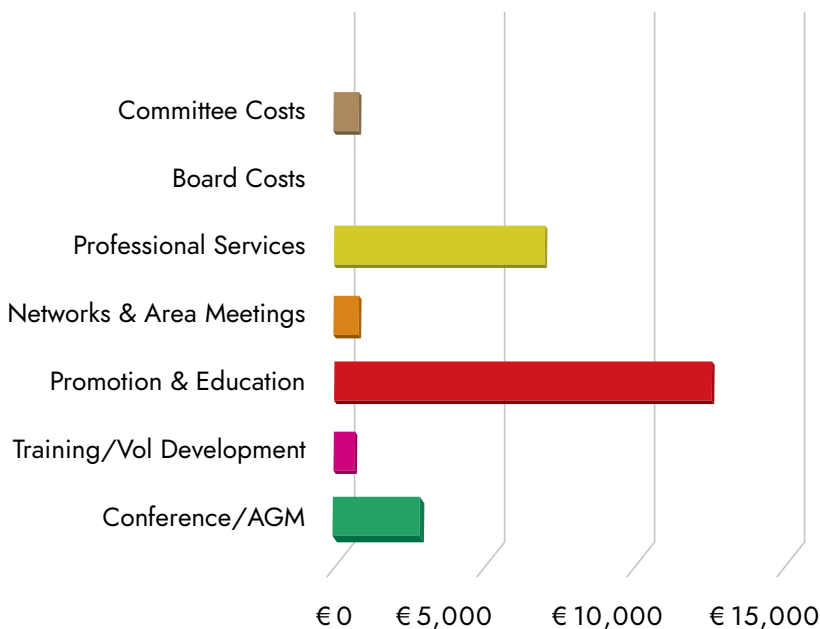


Services & Supports Expenditure



Total expenditure on services and supports to members is outlined in the chart above. Overall expenditure was €7,000 higher than 2020 reflecting a recovery in expenditure following the tighter restrictions at the start of the Covid pandemic. Social support expenditure was once again very low as groups were unable to meet in person.

Organisational Expenditure



Organisational costs are those costs relating to the governance and operations of a national membership organisation. The costs incurred in 2021 are illustrated here.

Board and committee costs, along with Area and Networks continued to be quite low due to meetings being conducted almost entirely online during the year.

Professional costs refer to HR, strategic and other consultancy support costs. Training and volunteer development costs were also quite low due to Covid restrictions while the Conference/AGM was also held online.

Promotional and Educational costs related mostly to the promotion of the Polio Register and the re-publication and printing of the Polio & Us book.



Expenditure on Staff

Staffing costs fall into two categories, Member Support Staff and Administration staff.

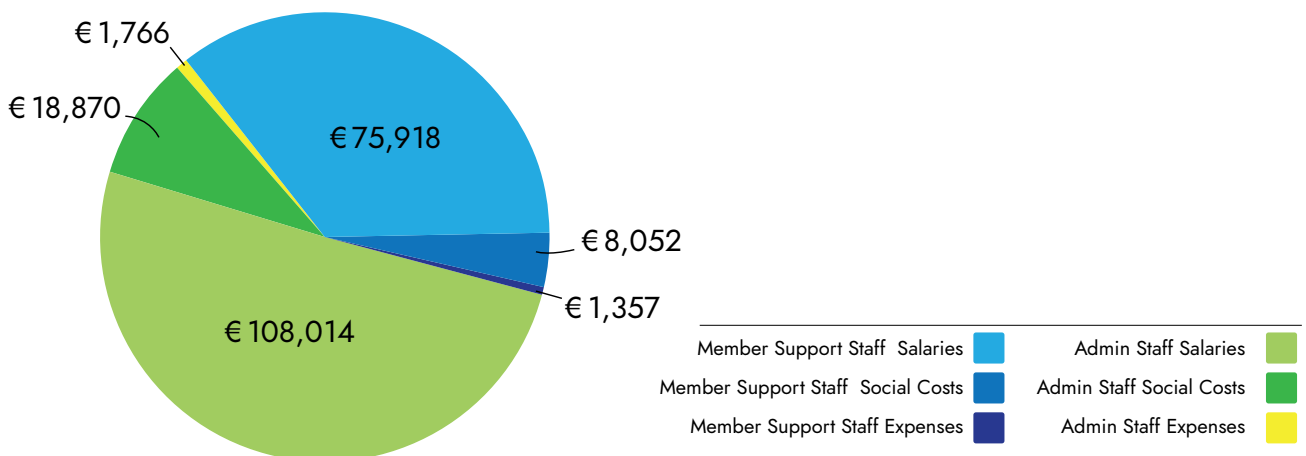
Member Support Staff:

- Service & Information Co-ordinator (SIC), who directly supports members through the provision of aids and appliances, therapies, respite and the winter heating grant along with supporting member with information, advice and individual advocacy
- Assistant Service & Information Co-ordinator (ASIC), whose role is broadly similar to the SIC
- Membership & Volunteer Support Officer (MVRO), supports the recruitment of new members, the recruitment of active members and external volunteers and the training and support of these active members/volunteers

Administration Staff:

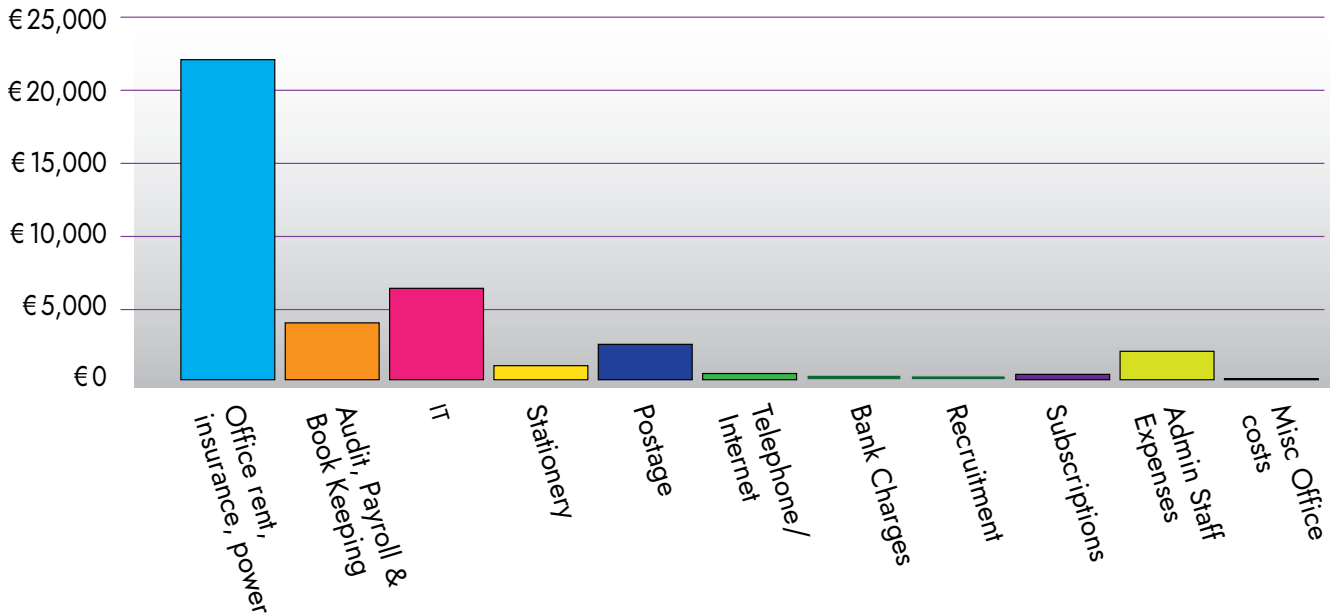
- Chief Executive Officer (CEO), responsible for the overall management of the organisation
- Communications & Development Officer (CDO), whose role is communications and promotional activities and fundraising
- Administration Officer (AO), who is responsible for general administration including financial administration, reporting to funders and developing and maintaining policies and procedures

Staff Costs



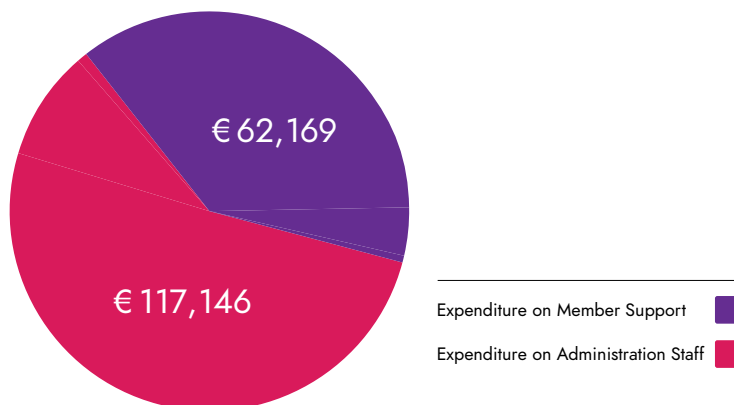
General Administration Expenditure

This category of expenditure relates to office costs, IT cost and audit and accounting costs. Admin costs were over €11,000 lower in 2021 than 2020 due to lower costs for accounting and book keeping, stationery and general expenses. The most significant difference was on Recruitment costs where the organisation incurred costs in the recruitment of an Administration Officer and a Membership & Volunteer Recruitment Officer in 2020. There were only minor recruitment costs in 2021. On the other hand, expenditure on IT and Telephones were higher in 2021 as a consequence of additional costs arising from remote working.



Fundraising Expenditure

At €9,556 in 2021, compared with €3,169 the previous year, fundraising costs considerably increased in 2021. This reflected the work on both the development of the new Fundraising Plan and the commencement of its implementation. Many of the costs incurred related to support from the non-profit consultancy firm 2 into 3 and contracting in of additional support in identifying and targeting companies and trusts for donations and grants.



Reserves

Net Current assets less current liabilities at the end of 2021 were €114,733. This compares with €102,542 at 31st December 2020.



Post Polio Support Group
(A company limited by guarantee, without a share capital)

Directors' Report & Financial Statements
for the financial year ended 31 December 2021

Post Polio Support Group
DIRECTORS AND OTHER INFORMATION

Directors

Charlie Smith
James Doorley
Frank Mitchell
Robert Alcorn (Resigned 30 June 2021)
Miriam Kavanagh
Elaine Twomey (Resigned 3 September 2021)
Fintan Foy
Patrick McGillion
Macrina Clancy
Zaynab Salman (Appointed 30 June 2021)
Mary Byrne (Appointed 30 June 2021)

Company Secretary

Fintan Foy

Company Number

354283

Charity Number

11356

Registered Office and Business Address

319 CAPEL BUILDING, MARY'S ABBEY
Dublin 7
Co. Dublin
D07DNP6
Ireland

Auditors

KT Nolan & Associates Limited
302 The Capel Building
Mary's Abbey
Dublin 7
Ireland

Bankers

AIB
Capel Street
Dublin 1

Post Polio Support Group

The directors present their report and the audited financial statements for the financial year ended 31 December 2021.

The Company is a registered charity with the Charities Regulator (20030926) and with the Revenue Commissioners (CHY 11356). The Company is limited by guarantee not having a share capital.

There has been no significant change in these activities during the financial year ended 31 December 2021.

Financial Results

The surplus/(deficit) for the financial year after providing for depreciation amounted to €13,148 (2020 - €(16,554)).

At the end of the financial year, the company has assets of €214,116 (2020 - €208,142) and liabilities of €120,776 (2020 - €127,950). The net assets of the company have increased by €13,148.

Directors and Secretary

The directors who served throughout the financial year, are noted on page 2.

In accordance with the Post Polio Support Group Constitution, elected Directors retire by rotation, while Board Appointed Directors can serve for a maximum of two 3 year terms

Future Developments

While the Organisation is committed to reaching out to all Polio Survivors in Ireland, the welfare of its members remains its paramount concern. The Organisation is committed to ensuring that, as far as possible, sufficient funding is found to ease their problems and increase quality of life.

The Organisation will remain committed to maintaining sufficient income to meet the needs of Polio Survivors in real terms. Close liaison with the various Statutory Authorities, principally the Health Service Executive (HSE), will continue to be maintained and the Organisation will work in close partnership with all its funding bodies to accomplish its objectives.

Post Balance Sheet Events

There have been no significant events affecting the company since the financial year-end.

Auditors

The auditors, KT Nolan & Associates Limited have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

Trading Name

The trading name of the Charity is 'Polio Survivors Ireland', a registered business name in Ireland, 601798

Post Polio Support Group DIRECTORS' REPORT

for the financial year ended 31 December 2021

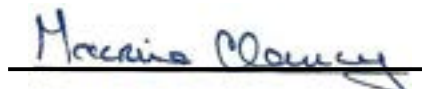
Statement on Relevant Audit Information

In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

Accounting Records

To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at 319 CAPEL BUILDING, MARY'S ABBEY, Dublin 7, Co. Dublin, D07DNP6.

Signed on behalf of the board



Macrina Clancy
Director



Miriam Kavanagh
Director

Date: 29th April 2022

Post Polio Support Group DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 31 December 2021

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and

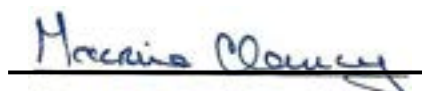
Post Polio Support Group DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 31 December 2021

- the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board



Macrina Clancy
Director

Date: 29th April 2022



Miriam Kavanagh
Director

INDEPENDENT AUDITOR'S REPORT to the Members of Post Polio Support Group Report on the audit of the financial statements

Opinion

We have audited the financial statements of Post Polio Support Group ('the company') for the financial year ended 31 December 2021 which comprise the Income and Expenditure Account, the Balance Sheet, the Reconciliation of Members' Funds and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", issued in the United Kingdom by the Financial Reporting Council, applying Section 1A of that Standard.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2021 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

INDEPENDENT AUDITOR'S REPORT

to the Members of Post Polio Support Group

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate. Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue. Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report has been prepared in accordance with applicable legal requirements.

.We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit

INDEPENDENT AUDITOR'S REPORT to the Members of Post Polio Support Group

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report. The Companies Act 2014 requires us to report to you if, in our opinion, the requirements of any of sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions are not complied with by the Company. We have nothing to report in this regard.

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. A further description of our responsibilities for the audit of the financial statements is contained in the appendix to this report, located at page 8, which is to be read as an integral part of our report.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

KT NOLAN & ASSOCIATES LIMITED

302 The Capel Building, Mary's Abbey, Dublin 7, Ireland. **Date:** 20th April 2022

Post Polio Support Group

APPENDIX TO THE INDEPENDENT AUDITOR'S REPORT

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

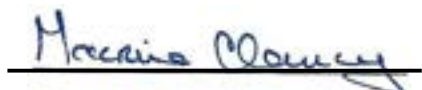
Post Polio Support Group

INCOME AND EXPENDITURE ACCOUNT

for the financial year ended 31 December 2021

	Notes	2021 €	2020 €
Income		449,747	427,995
Expenditure		(436,599)	(444,549)
Surplus/(deficit) for the financial year		13,148	(16,554)
Total comprehensive income		13,148	(16,554)

Approved by the board on 29th April 2022 and signed on its behalf by:



Macrina Clancy
Director



Miriam Kavanagh
Director

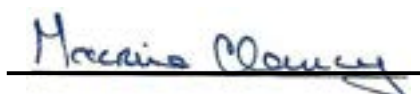
**Post Polio Support Group
BALANCE SHEET**

as at 31 December 2021

		2021	2020
	Notes	€	€
Fixed Assets	7	935	1,082
Tangible assets		_____	_____
Current Assets			
Debtors	8	5,543	3,125
Cash and cash equivalents		207,638	203,935
		_____	_____
		213,181	207,060
		_____	_____
Creditors: amounts falling due within one year	9	(98,448)	(104,135)
		_____	_____
Net Current Assets		114,733	102,925
		_____	_____
Total Assets less Current Liabilities		115,668	104,007
amounts falling due after more than one year	10	(22,328)	(23,815)
		_____	_____
Net Assets		93,340	80,192
		=====	=====
Reserves			
Income and expenditure account		93,340	80,192
		_____	_____
Equity attributable to owners of the company		93,340	80,192
		=====	=====

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the board on 29th April 2022 and signed on its behalf by:



Macrina Clancy
Director



Miriam Kavanagh
Director

Post Polio Support Group
RECONCILIATION OF MEMBERS' FUNDS

as at 31 December 2021

	Retained surplus €	Total €
At 1 January 2020	96,746	96,746
Deficit for the financial year	(16,554)	(16,554)
At 31 December 2020	80,192	80,192
Surplus for the financial year	13,148	13,148
At 31 December 2021	93,340	93,340

Post Polio Support Group
NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2021

1. General Information

Post Polio Support Group is a company limited by guarantee incorporated and registered in the Republic of Ireland. The registered number of the company is 354283. The registered office of the company is 319 CAPEL BUILDING, MARY'S ABBEY, Dublin 7, Co. Dublin, D07DNP6, Ireland which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Directors' Report. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

2. Summary of Significant Accounting Policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the financial year ended 31 December 2021 have been prepared in accordance with the provisions of FRS 102 Section 1A (Small Entities) and the Companies Act 2014.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A, issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014 and Section 1A of FRS 102.

for the financial year ended 31 December 2021

Income

Income includes HSE Income, General fundraising, Other Grants, Interest/ Other Income, Members Contributions and Bequest.

Deferred Income

Bequests and donations, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance. Where income is received in advance, recognition is deferred and, being only recognised in the period's profit & loss account against matching expenditure.

Tangible assets and depreciation

Tangible assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	- 15% Straight line
Computer equipment	- 25% Straight line

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

Employee benefits

The charity offers access to a Personal Retirement Savings Account (PRSA) Scheme for the benefit of the employees. The scheme is operated by a third part provider and the company contributes to the scheme on successful completion of staff probationary period.

Taxation and deferred taxation

The Entity is exempt from taxation due to its status as a registered charity (Registered Charity Number: CHY11356)

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable income and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the Balance Sheet date.

for the financial year ended 31 December 2021

Restricted Funds and other income

Capital grants received and receivable are treated as deferred income and amortised to the Income and Expenditure Account annually over the useful economic life of the asset to which it relates. Revenue grants are credited to the Income and Expenditure Account when received.

Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the Balance Sheet date. Non-monetary items that are measured in terms of historical cost in a foreign currency are translated at the rates of exchange ruling at the date of the transaction. Non-monetary items that are measured at fair value in a foreign currency are translated using the exchange rates at the date when the fair value was determined. The resulting exchange differences are dealt with in the Income and Expenditure Account.

3. Departure from Companies Act 2014 Presentation

The directors have elected to present an Income and Expenditure Account instead of a Profit and Loss Account in these financial statements as this company is a not-for-profit entity.

4. Operating surplus/(deficit)	2021	2020
	€	€
Operating surplus/(deficit) is stated after charging:		
Depreciation of tangible assets	586	477

5. Employees

The average monthly number of employees, including directors, during the financial year was 6, (2020 - 5).

	2021	2020
	Number	Number
Admin Staff	3	3
Member Support Staff	3	2
	6	5

6. Pay bands

Salary Band	Number of Employees
0 - €10,000	1
€10,000 - €20,000	1
€20,000 - €30,000	2
€30,000 - €40,000	1
€50,000 - €60,000	1

Post Polio Support Group
NOTES TO THE FINANCIAL STATEMENTS

Continued

for the financial year ended 31 December 2021

7. Tangible assets

	Fixtures, fittings and equipment €	Computer equipment €	Total €
Cost			
At 1 January 2021	6,834	20,946	27,780
Additions	-	439	439
At 31 December 2021	<u>6,834</u>	<u>21,385</u>	<u>28,219</u>
Depreciation			
At 1 January 2021	6,607	20,091	26,698
Charge for the financial year	49	537	586
At 31 December 2021	<u>6,656</u>	<u>20,628</u>	<u>27,284</u>
Net book value			
At 31 December 2021	<u>178</u>	<u>757</u>	<u>935</u>
At 31 December 2020	<u><u>227</u></u>	<u><u>855</u></u>	<u><u>1,082</u></u>

8. Debtors	2021	2020
	€	€
Other debtors	(542)	(2,136)
Taxation	765	-
Prepayments	5,320	5,261
	<u>5,543</u>	<u>3,125</u>

9. Creditors	2021	2020
Amounts falling due within one year	€	€
Trade creditors	69,308	75,508
Taxation	13,702	12,012
Other creditors	62	62
Pension accrual	1,905	1,644
Accruals	13,471	14,909
	<u>98,448</u>	<u>104,135</u>

Post Polio Support Group
NOTES TO THE FINANCIAL STATEMENTS

Continued

for the financial year ended 31 December 2021

10. Creditors	2021	2020
Amounts falling due after more than one year	€	€
Restricted Funds and other income	22,328	23,815

11. Status

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one financial year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding € 2.

12. Capital commitments

The company had no material capital commitments at the financial year-ended 31 December 2021.

13. Post-Balance Sheet Events

There have been no significant events affecting the company since the financial year-end.

14. Covid-19

The Trustees have considered the impact of the Covid19 pandemic on the ability of the Charity to continue as a going concern. They have concluded that the Charity has the ability to continue in operational existence for a period of at least twelve months from the date of approval of the financial statements.

15. Approval of financial statements

The financial statements were approved and authorised for issue by the board of directors on **29th April 2022**.

Post Polio Support Group

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS TRADING STATEMENT

for the financial year ended 31 December 2021

	Schedule	2021 €	2020 €
Income		449,747	427,995
Service & Organisation Costs	1	(257,093)	(272,466)
Gross surplus		192,654	155,529
Gross surplus Percentage		42.8%	36.3%
Administration Costs	2	(179,506)	(172,083)
Net surplus/(deficit)		13,148	(16,554)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS SCHEDULE 1 : COSTS for the financial year ended 31 December 2021

	2021 €	2020 €
Service & Organisation Costs		
Provision of Equipment	84,028	101,148
Services to Members	62,226	55,197
Member Support Staff Expenses	1,357	770
Organisation Costs	25,512	53,952
Member Support Staff Salaries	75,918	55,937
Social Welfare Costs	8,052	5,462
	257,093	272,466

Explanatory Notes

- Provision of Equipment:** Includes Aids & Appliances and Stairlifts
- Services to Members:** This category covers therapies, respite, heating grants, Survivor magazine, Social Support and Telephone Support
- Member Support Staff Expenses:** Expenses incurred by the Service & Information Co-ordinators & the Membership & Volunteer Recruitment Officer
- Organisation Costs:** Costs involved in running the organisation e.g. Annual Conference, Board & Committee costs, member and volunteer recruitment and support costs
- Member Support Staff Salaries:** Salary costs for the Service & Information Co-ordinators & the Membership & Volunteer Recruitment Officer
- Social Welfare Costs:** Social costs associated with these staff positions

Post Polio Support Group
SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS
SCHEDULE 2 : OVERHEAD EXPENSES for financial year ended 31 December 2021

	2021	2020
	€	€
Administration Costs		
General Administration Costs	42,480	52,634
Admin Staff Salaries	108,014	99,642
Admin Staff Social Welfare Costs	11,750	10,677
Pension Contributions	7,120	5,484
Fundraising Costs	9,556	3,169
Depreciation of tangible assets	586	477
	<u>179,506</u>	<u>172,083</u>

Explanatory Notes

- 1. General Admin Costs:** Office costs such as rent, heating, telephone, postage, stationery, insurance, IT, book keeping and audit
- 2. Admin Staff Salaries:** These are the salaries of the CEO, Administration Officer and the Development Officer
- 3. Admin Staff Social Welfare Costs:** Social costs associated with these positions
- 4. Fundraising Costs:** Costs incurred in fundraising activities
- 5. Depreciation:** Depreciation charge of assets, mostly relates to computer equipment