Polio Survivors Ireland

Annual Report 2019



Polio Survivors Ireland (The Post Polio Support Group CLG),
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Registered Charity No. CHY 11356. CRA No. 20030926. Registered in Ireland No. 354283.

Post Polio Support Group (A company limited by guarantee, without a share capital)

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Introduction

The mission of Polio Survivors Ireland is to create awareness and to provide information regarding the Late Effects of Polio among polio survivors, statutory agencies, the wider medical profession, and to ensure that the needs of polio survivors relating to their condition are met to enable them to live with dignity.



Polio Survivors Ireland was established for polio survivors by polio survivors. The organisation was formed in 1993 and is run by a voluntary Board of polio survivors and volunteers. We are supported by voluntary committees, active members and a small executive staff at the office in Dublin. Our organisation is the only one in Ireland providing practical support to those unfortunate enough to have contracted polio. At the end of 2019 we had 975 members across the country.

Polio Survivors Ireland assists polio survivors by providing aids to daily living such as stair lifts, callipers, bespoke footwear, electric scooters and wheel-chairs. We also help survivors access Physiotherapy, Occupational Therapy, Respite Breaks, and provide those who need it with assistance with their heating bills. We employ two Service and Information Co-ordinators who provide information, respond to requests for assistance from members and, perhaps most importantly, provide a listening ear to survivors in need.

The organisation has a network of 20 Social Support Groups around the country and also offers a Telephone Support Service for those members who have difficulty in attending meetings.

We work tirelessly to:

- Create awareness of Post Polio Syndrome
- Provide information on Polio and its late effects
- Ensure the needs of polio survivors relating to their condition are met to enable them to live with dignity

Any of the estimated 7,000 polio survivors in Ireland can contact us for support irrespective of whether they are a member or not.

Funding for Polio Survivors Ireland is provided by the Health Service Executive, the National Lottery and various grants from statutory and private bodies and fundraising by members, families and friends.

Organisational Structure

Board

Board Nominations Sub Committee

Finance & Audit Sub Committee

Services Quality & Safety Sub Committee

Governance & Compliance Sub Committee

CEO

Staff

3 Active Member Networks	Services & Supports to Members	Social Support Service	Telephone Support Service
· Publicity & Campaigning · Fundraising · Recruitment	· Aids & Appliances · Therapies · Respite · Heating Grant	20 Social Support Groups around the country	RingRing & PhoneChat

Chairperson's Report



Financially 2019 was a difficult one for Polio Survivors Ireland. The reality is that no organisation can continue to operate for 12 years with reduced funding and no prospect of any restoration of funds. Our loss for the year is just over €9,000 which in the circumstances is an achievement. However voluntary organisations cannot be expected to continue to provide the same level of services and supports indefinitely without additional funding. In our case the HSE cut our funding by €80,000 a decade ago. It is notable that since the last recession the HSE has had all the funding that was taken from it restored by the Government but it has not handed back any of this restored funding to the organisations that it took it from. To add insult to injury the HSE wants to implement a further 1% cut on voluntary organisations in 2020. It is clear that there is an urgent need to re-establish a constructive relationship between the Dept. of Heath, the HSE and the voluntary organisations like ourselves who provide much needed and valuable health and disability services and supports to the community.

Despite this difficult backdrop our organisation has continued to meet the needs of people living with the effects of polio. 291 people contacted us for help and hundreds others benefitted from our Social Support and Telephone Support Services. In addition we provide useful information to our members through our Survivor Magazine, our regular ezines and our annual conference which was held in Charleville. One way or another all of our almost 1,000 members have benefitted from Polio Survivors Ireland in the past year.

2019 was also a year of on-going change and development within the organisation. Three new Board Nominated Directors, Elaine Twomey, Fintan Foy and Miriam Kavanagh were ratified by the AGM. We also commenced our new Area Meetings of members and prospective members with meetings in the autumn in Dungarvan and Enniscorthy. These meetings have been very well attended with between 20 and 25 people present at each event.

Last year also saw continued success in our Polio Register campaign. 20,000 leaflets were distributed through GP's practices, hospital emergency departments and primary care centres. This was supported by national advertising on RTE Radio and newspapers such as the Irish Independent, Irish Examiner, Sunday World and the Daily Star. Regional promotional campaigns were also conducted in the South East, South Midlands and Kildare. This promotional activity led to 97 polio survivors signing up to the Polio Register. Our membership has also continued to grow with 75 new members recruited in 2019. 10 new active members were appointed to roles within the organisation and a further 7 external volunteers were also recruited.

I would like to thank my colleagues on the Board for their unstinting efforts on behalf of the organisation and its members. The new Board members in particular have brought a wealth of skills and experience as well as a fresh perspective to our Board which proved very valuable during the course of the year.

I would also like to highlight the hard work and dedication of the staff team and all the active members and volunteers. The work of the organisation and its services and supports to polio survivors very much depends on their efforts. On behalf of the Board and indeed the members of the organisation I would like to thank them.

Despite the many challenges that confront the organisation we will continue to make a major difference to the lives of polio survivors.



PAT MCGILLION
Chairperson

Strategic Plan Implementation 2019

2019 saw the continued implementation of the organisation's three year strategic plan. A full copy of the plan is available from the office in hardcopy or by downloading it from the website, https://polio.ie/about/strategic-plan/.

Key Results in 2019:

Strategic Priority 1:

Directly provide a range of services and supports that assist polio survivors in maintaining their independence, reducing their social exclusion and enhancing their quality of life

· Social Support:
  - 20 new members referred to social support groups
  - 2 new Convenors appointed

· Telephone Support:
  5 new leaders trained & appointed

· Service Quality:
  Surveys undertaken on provision of Aids & Appliances and on Information and advice – feedback very positive

· Member Support:
  291 members helped by Service & Information Co-ordinators

Strategic Priority 2:

Inform, educate and assist polio survivors in accessing the services, supports, medical care and benefits they require

· Polio Register campaign national advertising RTE Radio, Irish Independent, Irish Examiner, Sunday World & Daily Star

· Regional promotional campaigns in the South East, South Midlands and Kildare

· 20,000 leaflets distributed in 1,300 locations including doctors' practices, health clinics and hospitals

· 97 polio survivors joined Polio Register

Strategic Priority 3:

Advocate for improved statutory provision of services, supports, medical care and social welfare benefits for polio survivors

Conducted a survey of polio survivors' physiotherapy needs & advocated for improved HSE physiotherapy services Without additional funding we could not make greater progress in this strategic priority

Strategic Priority 4:

Develop the organisational board and staffing structures in Polio Survivors Ireland to implement this plan and achieve these objectives

· 75 new members recruited last year

· 10 new active members appointed to roles

· 7 external volunteers recruited

· 3 new people recruited to the Board

Board & Board Sub-committees

Board Composition

At the 2019 AGM Roisin Nolan retired from the Board after many years' valuable service to the Board. Macrina Clancy also stood down but offered herself for re-election in the Dublin region. Robert Alcorn was nominated for the South East Region while Frank Mitchell was nominated for the South Region. As the number of nominations in each region were equal to, or less than, the number of vacancies, all three of these nominees were deemed elected, without the need for a ballot.

The situation regarding the elected Directors after the 2019 AGM was:

REGION	Seats	ELECTED 2018 Joyce	ELECTED 2019
Dublin	2	Henderson	Robert Alcorn
West	2	Pat McGillion	Macrina Clancy
South East	1	NONE	NONE
North East	1	NONE	NONE
South	2	NONE	Frank Mitchell
Elected Directors	**8**	**2**	**3**

At the AGM three Board Nominated Directors were ratified by the members in accordance with the constitution:

- **Elaine Twomey**
- **Fintan Foy**
- **Miriam Kavanagh**

On 30th May the Board co-opted Marie Hyland as a Director for a further year.

On the recommendation of the Board Nominations Committee, the Board appointed James Doorley as a Board Nominated Director on 18th September 2019. This appointment is subject to ratification by the members at the 2020 AGM.

Board Officers

At the Board AGM on 30th May the following officers were elected:

- Pat McGillion – Chairperson
- Joyce Henderson – Deputy Chairperson
- Fintan Foy– Company Secretary
- Macrina Clancy – Treasure
- Elaine Twomey – Minutes Secretary

Board Meetings

8 meetings of the Board took place over the course of the year as follows:

- 12th February
- 26th March
- 30th April
- 30th May – Board AGM
- 3rd July
- 18th September
- 23rd October
- 11th December

Board Attendance

Board attendance for each of the directors was as follows:

Pat McGillion:	8 meetings	
Joyce Henderson:	7 meetings	
Macrina Clancy:	7 meetings	
Roisin Nolan:	2 meetings	Retired 30th May
Marie Hyland:	6 meetings	
Elaine Twomey:	7 meetings	
Fintan Foy:	6 meetings	
Miriam Kavanagh:	4 meetings	Appointed 26th March
Frank Mitchell:	4 meetings	Elected 30th May
Robert Alcorn:	3 meetings	Elected 30th May
James Doorley:	2 meetings	Appointed 18th September

Board Sub-Committees

The Board has four sub-committees as follows:

Governance & Compliance Committee

This committee met on the following dates:

- 28th February
- 2nd July
- 1st October
- 25th November

The composition of this committee was as follows:

Joyce Henderson:	Committee Chair until 30th May, Retired from Committee 2nd July
Fintan Foy:	Chair of Committee from 30th May
Pat McGillion	
Tony O'Connor:	Retired from Committee 2nd July
Jim Barrett:	Retired from Committee 28th February
Ankita Ahluwalia	
Fran Brennan	

Board Nominations Committee

This committee met on the following dates:

· 6th March
· 13th August

The composition of this committee was:

Pat McGillion:	Committee Chair
Macrina Clancy	
Marie Hyland	
Joan Bradley	
Tony O'Connor:	Retired from Committee 13th August

Finance & Audit Committee

This committee met on:

· 22nd January
· 20th March
· 7th August
· 27th November

The composition of this committee was:

Macrina Clancy	Chair (Treasurer)
Pat McGillion	
Roisin Nolan	Retired 30th May
Marie Hyland	Joined 7th August
Miriam Kavanagh	Joined 7th August

Service Quality & Safety Committee

This committee met on:

· 25th February
· 18th June
· 23rd September
· 9th December

The committee's composition was:

Roisin Nolan:	Chair until 30th May
Joyce Henderson:	Chair from 30th May
Susan Dowling	
Elaine Twomey:	Appointed 30th May

Report on Annual Conference and AGM

Our 2019 Conference took place in the Charleville Park Hotel, Co. Cork on 30th May and was well attended by members from all around the country. We were delighted to welcome so many familiar faces and to see some new ones also. The Conference is always a wonderful opportunity for members and friends to meet and catch up, providing that invaluable support and social aspect to being a polio survivor.



Conference guest speakers with members of the Board

At this year's Conference our guest speakers were Deirdre Ryan, from Chronic Pain Ireland and Dr Meredith Raley, from the Disability Federation of Ireland. Deirdre discussed how chronic pain can deeply impact the quality of life of an individual, but by pacing yourself and finding the perfect balance of moderate exercise and relaxation, you can live comfortably and with peace of mind. She suggested making a schedule to follow during the week and working around it to help feel your absolute best.

Meredith led her presentation about the human rights treaty the Convention on the Rights of Persons with Disabilities (UNCRPD). It was signed in 2007 and was ratified in Ireland in spring 2018. She spoke about how the implementation process has already begun and how one may build awareness for the UNCRPD, for example, by reminding policymakers or including it in official literature. Our member, Mick Keegan reminded attendees during the Q&A, that the Treaty gives them the right to ask businesses to make changes to improve accessibility.

Chairperson Pat McGillion gave a presentation on implementation of the organisation's strategic plans board developments that are in progress. Treasurer Macrina Clancy presented the annual income report for 2018.

The following motions were passed at the AGM

- Resolution 1: Approval of 2018 Accounts
- Resolution 2: Appointment of BMOL & Partners as Auditors for 2019
- Resolution 3: Ratification of 3 new Board Nominated Directors

Roisin Nolan retired as a director after many years hard work on behalf of the organisation. Pat McGillion thanked Roisin for her contribution to the organisation but noted that she indicated that she would maintain her relationship with Polio Survivors Ireland by remaining on the Service Quality and Safety Committee. Robert Alcorn, Macrina Clancy and Frank Mitchell were elected to the Board unopposed and the Chair welcomed the new Directors to the Board.

Staff members, Emma Clarke Conway and Niamh Murphy, also reported on the success of the Polio Register – detailing how the Register was promoted and the results of the campaign, over 300 registrants so far- all polio survivors living in Ireland with whom we have not previously been in contact with.

Stands & Sponsors

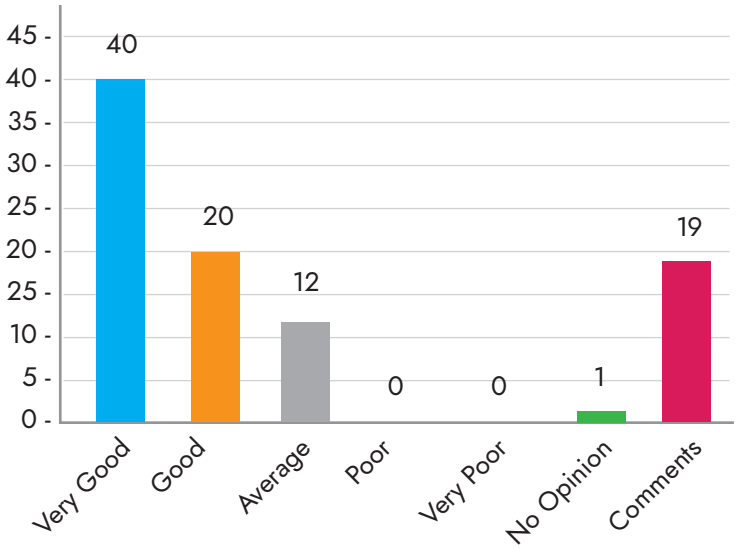
Polio Survivors Ireland is very grateful to the following organisations for supporting our Annual Conference:

- DM Mobility Cars
- Dr Deirdre Murray of Beaumont Hospital
- Citizens Information
- Collage of Conference Photographs





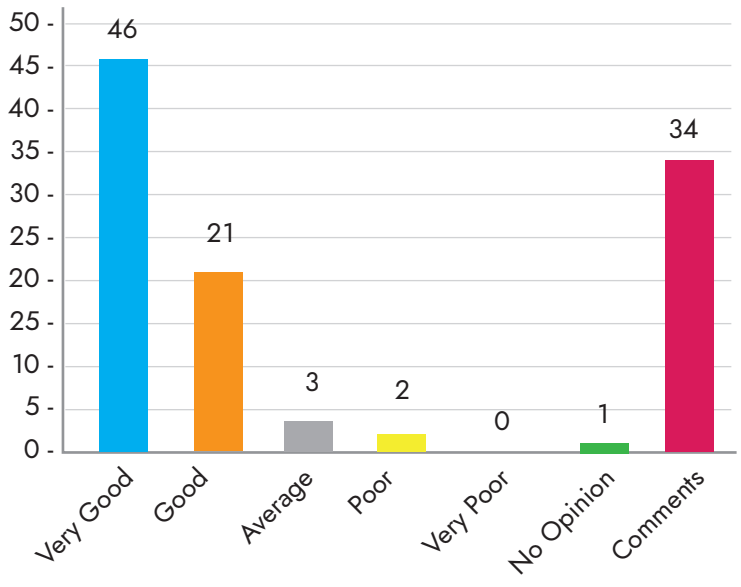
Conference Evaluation



Location

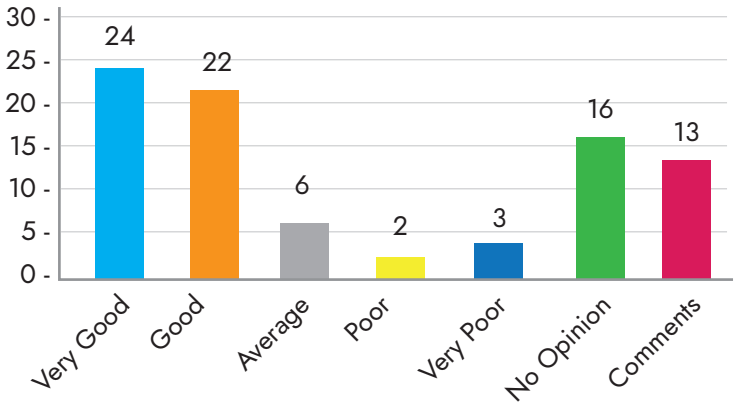
Forty (55%) respondents rated the location as Very Good, 20 said it was Good, while 12 regarded it as only Average. One (1) did not submit any opinion on the location.

This question received the third highest number of comments, nineteen (19). While the overall rating for the location was "very good," people were divided on where the next location should be. All biased towards their specific towns.



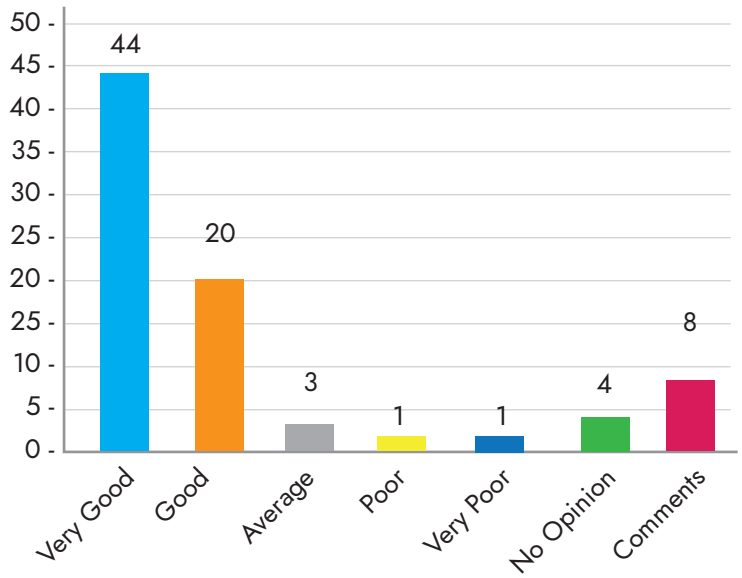
Talk by Deirdre Ryan of Chronic Pain Ireland

As can be seen from the above chart forty six (63%) respondents rated the Deirdre Ryan lecture as Very Good, 21 said it was Good, 3 said it was Average, 2 said it was poor while 1 person did not form any opinion. Combining the "Very Good and Good" responses together equates to a satisfaction rating for this session of approximately 92%.



Presentation on UNCRPD by Meredith Raley

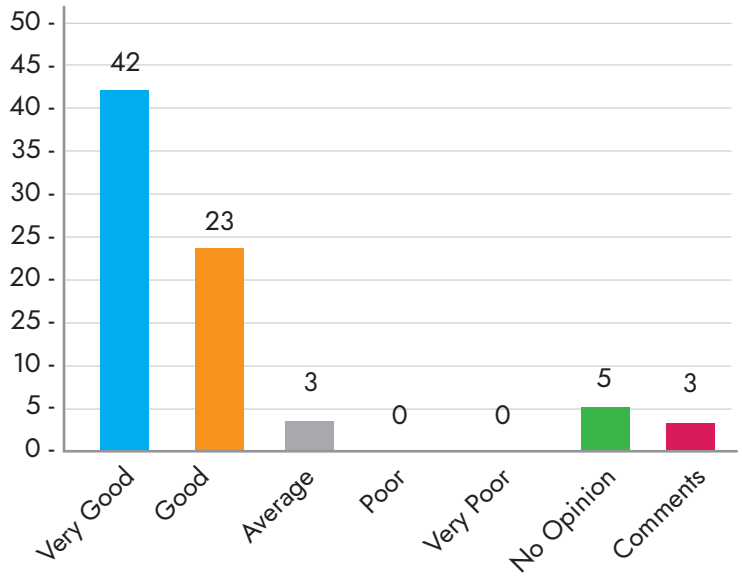
Twenty four (33%) respondents rated the presentation by Meredith Raley as Very Good, 22 said it was Good, 6 said it was Average, 2 said it was Poor, while 3 said it was Very Poor. Sixteen (16) respondents did not submit any opinion. The satisfaction rating for the presentation is approximately 63%.



AGM

Forty four (60%) respondents rated the AGM as Very Good, 20 rated it as Good, 3 rated it as Average, 1 rated it as Poor, while 1 rated it Very Poor. Four (4) respondents did not submit an opinion.

The number of comments submitted in answer to this session was average to below average with (11%). The consensus was that the AGM was well received and enjoyed by most.



Rating of the Conference Overall

Forty two (42 – 28%) respondents rated the event as Very Good, 23 said it was Good, while 3 regarded it as only Average. Five people (5) did not submit any opinion on the event overall.

Highlights of 2019

Polio Register





The Polio Register promotional campaign continued in 2019 with national advertising as follows:

- RTE Radio 1 – 36 spots x 30 sec over 4 weeks in July and August
- Irish Independent ¼ page advert
- Sunday World ¼ page advert
- The Daily Star ¼ page advert
- The Irish Examiner advert

Regional advertising and coverage in:
Kildare Nationalist, Leinster Leader, Kildare FM, East Coast FM, Wicklow Times, Wicklow Voice, Kilkenny City Community Radio, Mid West Tipperary Community Radio, WLR FM, South East FM.

All supported by social media and PR

Results in 2019

97 new polio survivors who are not members signed polio register in 2019

Dáil Commemoration



Josie O'Reilly, Polio Survivors Ireland, attending the commemoration of the first Dáil sitting at the Mansion House, Dublin on 18th January. Josie is flanked by two members of the Dublin Fire Brigade complete with the ceremonial mace and sword of the Mayoral office.

Make Way Day Campaign

The Disability Federation of Ireland's annual Make Way Day took place on September 26th. This year 20 local authorities around the country supported the initiative. Each year people with disabilities take to the streets to highlight the obstacles that confront them as they go about daily life. The most common hindrances are cars parking on foot-paths, wheelie bins and bicycles as this photo with Polio Survivors Ireland's Joan Bradley illustrates. Make Way Day is a unique collaboration between the voluntary disability sector and local authorities all over Ireland.



Highlights of 2019

World Polio Day



For World Polio Day on 24th October, the organisation highlighted the very limited availability of physiotherapy from the Health Service in the community. A survey of our members revealed that a majority of polio survivors with a medical card cannot access enough physio to meet their needs. For those without a medical card, as many as 70% cannot afford to pay for the physiotherapy that they require to maintain their independence, manage pain and minimise falls.

Cold Study at Trinity College Dublin

Members of Polio Survivors Ireland who suffer with an intolerance to cold took part in a research study at Trinity College Dublin. The study was conducted as part of a PhD within the School of Computer Science and Statistics, TCD, in collaboration with the Division of Media Technology and Interaction Design of KTH Royal Institute of Technology, Stockholm. People with health conditions who suffer from cold intolerance were sought, including polio survivors. One of our members, Zaynab Salman, was involved in organising the workshops as part of the research team. The goal was to understand how participants are impacted by cold intolerance, how they cope with it and their opinion on potential new technologies. The collected data will inform the design of technologies that could help with extreme sensitivity to cold. The study also looked at how people respond to interactive technologies placed close to their body, for example wearable heat-generating components such as electric heating pads and Peltier elements (heat pumps which transfer heat from one side of the body to the other). The resulting prototypes will be aimed at providing specifications for a real workable system, rather than a theoretical one.



Northern Ireland Polio Fellowship (NIPF)

Susan Dowling was delighted to receive an invitation to the NIPF 80th Anniversary Celebrations at the Stormont Hotel, Belfast, on 11th May 2019. Susan was asked to the dinner on behalf of Polio Survivors Ireland to celebrate this wonderful achievement. They had previously attended one of the Northern Ireland Polio Fellowship conferences and, once again, they made them very welcome.

Selection of Social Support Group Events 2019

Cork Social Support Group



Saturday 28th September 2019 may have been a rainy day in Cork, but it was all very relaxed in the Ennismore Centre where the Cork Social Support Group hosted their Chill Out Day.

With 34 in attendance, the day started with Convenor Eileen O'Mahony introducing the day's speakers, Fran Brennan (CEO) and Maria Ham (Physical Instructor). Fran spoke of the changes in the organisation since 2003, including HSE funding cuts, drops in donations, the unresolved situation between the Polio Fellowship/Rehab Group and polio survivors. Fran also informed the meeting that over 300 people had signed the Polio Register.

Maria put everyone through their paces, both physically and mentally, demonstrating activator poles that have been adapted from Nordic walking sticks and exercises that could be completed while seated and that support coordination. Members participated in an amusing quiz and finally, some quiet contemplative time. It was an enjoyable and relaxing day with plenty of time to catch up with old friend and make some new ones.

Visit to Chester Beatty Library – Dublin South West Group



A visit to the library turned out to be a very enjoyable trip for the Dublin South West Group, with plenty of space to move around for wheelchairs. Pat McCabe reported that he was able to move around in his scooter and still get good photos.

Selection of Social Support Group Events 2019

Trip to Westport



In February, a group of 35 enjoyed a fabulous three-day trip to Clew Bay Hotel, Westport. The staff at the hotel gave the group an exceptional welcome. Although it rained most days, this was not an upset, in fact, they used their time wisely by going to the Country Museum in Castlebar. The museum gave an insight of what life was like going back 100 years in Ireland. It is wheelchair accessible and well worth a trip, with no cover charge. They hired wheelchair taxis to get around, costing very little.

Fleadh 2019 Review

Fleadh 2019 took place again this year in Drogheda, polio survivor Margaret, her sister Maureen and friend Caroline attended, with a number of other members spotted around the town tucking into Fleadh fever. The Fleadh was a great week of events, described as having a fantastic carefree atmosphere with music wafting through the main streets. Artists included Frankie Gavin, Horslips and Damien Dempsey, and the talent among the younger musicians and dancers was notable. Margaret and Maureen were delighted to meet Nathan Carter, Ireland's No 1 Country singer on the street ahead of his gig in the Dome that evening. He is pictured here with Margaret.





Trip to Collins' Barracks

During the summer, members of the Bray and Dublin North City Social Support groups attended an organised tour of Collins' Barracks, Dublin. The tour took 40 minutes, and from some previous experience, they decided to hire a guide. This turned out to be a good idea, as the guide catered to the group's preferences choosing the most interesting exhibits and cutting down on unnecessary walking. Following the tour, the group then broke off to experience other local amenities in the area, meeting up for lunch together afterwards.

Selection of Social Support Group Events 2019



Galway Trip

The Dublin North City Group organised a getaway for a couple of days for a relaxing hotel break in Galway. A group of 35 members had an amazing time touring around the city; some members chose to go to Clifton, while others shopped around Connemara and Galway. The staff at Connaught Hotel were exceptional, making accommodation for the group whenever necessary and the general manager made sure that he talked to each member individually. The Connaught Hotel even provided an extra night of bar music to ensure that all members had a fantastic time.

Mayo Social Support Group

The Mayo Social Support Group enjoyed their boat trip on Clew Bay on Monday 12th August 2019. Pictured left to right, Mary Ryan, Bridie McMahon, Anne Barrett, Brendan Barrett, John Kelly and Lucija Veraja (a family friend of Mary Ryan's who was helping on the day). Seated is Mike Edkins, new member, on his first outing with the Mayo group.



Fundraising 2019

Dublin City Ramblers Gig



On Saturday 9th February, the Venue Theatre, Ratoath, Co Meath hosted the Dublin City Ramblers gig in aid of Polio Survivors Ireland.

The renowned ballad group, led by Sean McGuinness, played all their well-known hits from 'Rare Aul Times' to 'The Ferryman' to 'Punch and Judy Man', among many more. There was a lively response from the audience with plenty of banter, lots of stories as well as great music to keep everyone entertained.

We very much appreciate all of the support from our members who were able to travel to attend this fundraising event in Ratoath. The audience were fantastic.

The event raised over € 320 on the raffle and over € 1,210 on the tickets. This is a wonderful outcome and will go directly to helping polio survivors.

We would like to thank the Dublin City Ramblers, as well as the Venue Theatre in Ratoath for their support. Much appreciation also to the team in 'As you Like it Cafe' where many attendees started the evening.

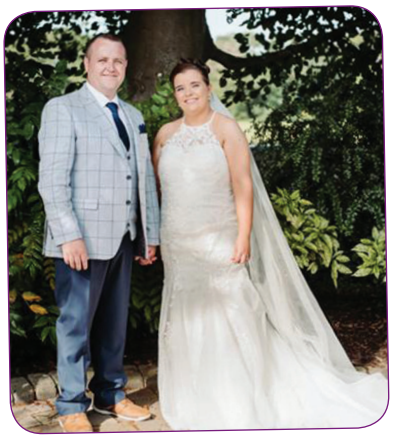
Huge thanks to those who donated raffle prizes, namely: Lilly's Pharmacy Ratoath, Ratoath Eyecare, the Ratoath Musical Society, Tina Kavanagh, Helen Wright and of course to all who bought raffle tickets.

Survivor Sweepstakes

Thank you to everyone who entered the Survivor Sweepstakes in 2019. We truly appreciate the support, throughout the year. The 2019 draws took place during the Conference (30th May), on October 14th and December 18th.

Winners of the € 50 spot prize during 2019 were Philip Flaherty, John O'Rourke, Joyce Henderson, Joe McLoughlin, Brigid Fee, Libby Hendricks, Robert Alcorn, David Walsh and Seamus Nolan. Olive Haslam won a hotel voucher for 2 nights B&B and 1 dinner, for 2 people, courtesy of the Charleville Park Hotel where we held the Conference.

Phillip Flaherty won the hotel voucher for one night's B&B in the Maldron Hotel, Portlaoise. Sadly, there was no match 4 prize winner during the year, however, as always, the winter draw of € 1,000 must be won. A second draw was held using random numbers for each entry and the € 1,000 winner was Dan Ahern. Congratulations to all that won!



Thank you, Noel and Vicki!

Pictured are Noel and Vicki, who were married in St Mary's Church, Edenderry on 2nd August 2019, with reception in the Springfield Hotel, Leixlip. Noel is the son of our member Monica Cunningham. Noel and Vicki decided that instead of wedding favours, they would make a donation to Polio Survivors Ireland. We provided wedding favour cards for their guests and were thrilled to receive a lovely donation following the wedding. Monica assures us they had a terrific day with gorgeous weather. We thank them for their wonderful gesture and wish Noel and Vicki many years of happiness.

VHI Women's Mini Marathon 2019

Huge thanks to everyone who took part in 2019's VHI Mini Marathon in Dublin in June and raised funds on our behalf. We hope everyone had a great day.

Pictured are Fiona Downes, Shelley & Jacqui Turner who raised funds to help polio survivors. Fiona said: "It is a cause very close to our hearts and we are trying to get more people aware of Post Polio Syndrome. We had a really good time and were so lucky that it stayed dry!"





Hospital Saturday Fund

Polio Survivors Ireland were absolutely thrilled to be in receipt of a grant of € 13,300 from the Hospital Saturday Fund. An increase on last year's grant. Pictured are our CEO, Fran Brennan and representative from the HSF, Cathal Nolan, presenting the cheque. We are very grateful to HSF for their support in such competitive and challenging times for so many great causes. To find out more about Hospital Saturday Fund and their health plans, please visit their website: www.hsf.ie.

TESCO Bray Collection

Huge hanks to our members who helped out at the Tesco Ireland Bray collection, held in June. Our wonderful volunteers hold this collection every year and this year raised € 385 for Polio Survivors Ireland. They had a fine and sunny day on this occasion. We are also very appreciative of the time our volunteers have given, particularly Joyce and George Henderson, Josephine and Tom O'Reilly, Carol Kenny, Marie McGuirk, Paul Coyne, Frances Hill and her daughter Julie.



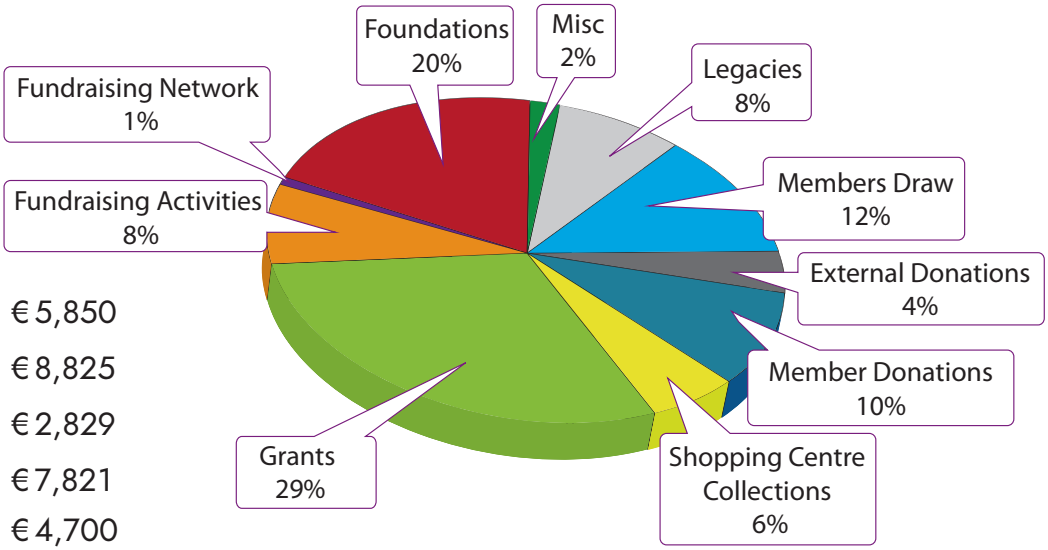
Cork Mini Marathon 2019



It was a merry group from the Cork Social Support Group that participated in the 2019 Evening Echo Women's Mini Marathon on Sunday 22nd September.

With the help of Civil Defence escorts, Cian, Hilary and David, our entrants took to the streets with lots of colour provided by our tabards, bibs, and of course, William Buckley in disguise. Weather was good and there was a great atmosphere along the route with plenty of support from the side-lines, making it a fun and enjoyable way to fundraise for Polio Survivors Ireland. Huge thanks to all who took part. Thanks also to our Civil Defence escorts, they were such a great help.

Breakdown of Fundraising by Source

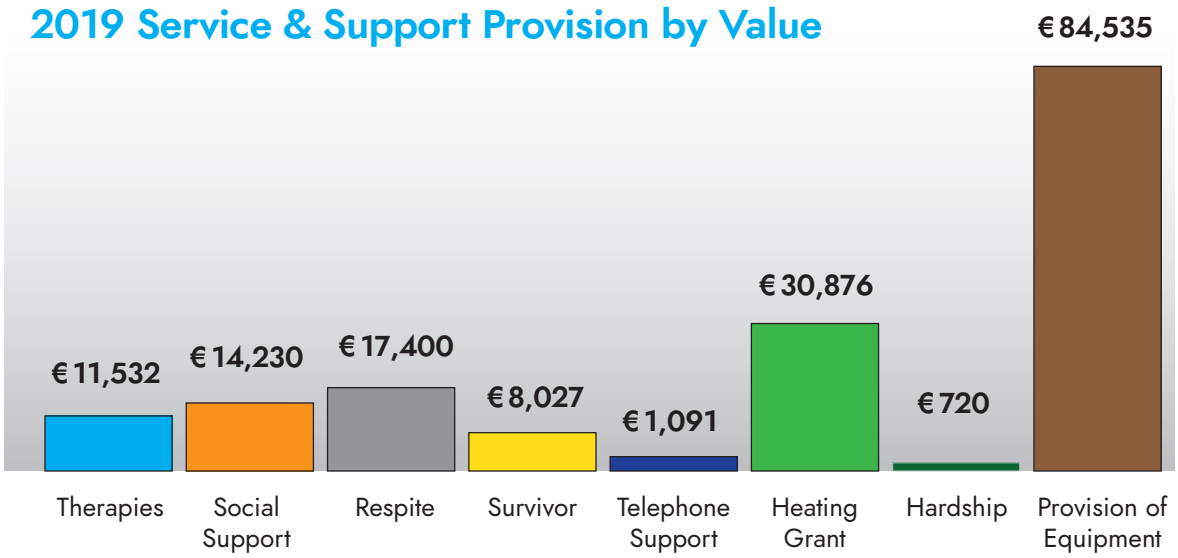


Legacies:	€ 5,850
Members Draw:	€ 8,825
External Donations	€ 2,829
Member Donations:	€ 7,821
Shopping Centre Collections:	€ 4,700
Grants:	€ 22,197
Fundraising Activities:	€ 5,978
Fundraising Network	€ 1,170
Foundations:	€ 15,000
Misc	€ 1,456
Total:	**€ 75,826**

Service Provision 2019

There were 975 members of Polio Survivors Ireland at the end of 2019. Polio Survivors Ireland provides a range of services and supports to polio survivors. These include information, advice, personal advocacy, funding for aids and appliances, a variety of therapies, respite breaks and stairlifts as well as heating grants. These supports are administered by the Service and Information Co-ordinator (SIC) and the Assistant SIC. Polio Survivors Ireland would like to gratefully acknowledge the financial support of the HSE in particular, a number of other grant making trusts and of course our fundraisers without whom these services and supports to our members could not be provided.

Generally these supports commence with the SIC or ASIC who work with HSE staff and other professionals to provide services and supports appropriate to the individual polio survivor. 291 polio survivors sought help in 2019. In addition, the organisation provides social support through its network of social support groups around the country and operates a peer led telephone support service. The chart below illustrates the breakdown of service and support provision in the year.



- 89 members received information, advice or personal advocacy in 2019
- 55 members benefitted from the provision of aids, appliances and stair lifts in the year
- 93 members received physiotherapy, occupational therapy, chiropody, counselling or respite
- 249 members were supported by a Winter Heating Grant
- Approx. 190 members attended a social support meeting or activity
- 33 members were receiving regular calls from the Telephone Support Service

Polio Survivors Ireland also provides other services to its members such as:



The Survivor Magazine

This magazine is sent out to all members three times a year. It contains useful information on polio along with articles on other health and wellbeing issues and the work and activities of the organisation. The cost of the magazine in the year was just over € 8,000.

Annual Conference

The annual conference through its guest speakers and stands provides a useful service to those members who attend. The 2019 conference had speakers on managing pain, the UNCRPD and the Polio Register as well as a number of informative stands.

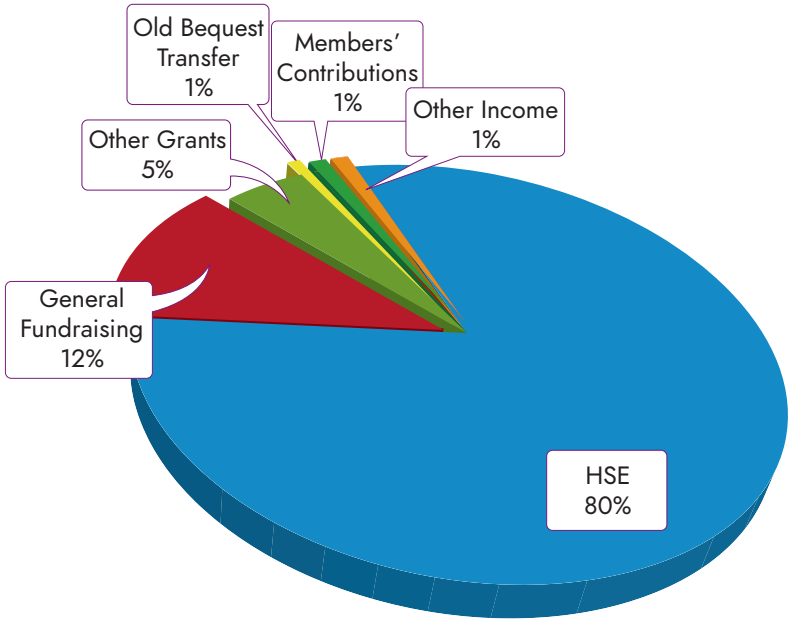
Complaints

Polio Survivors Ireland has a complaints procedure and maintains a register of all complaints and actions arising. The organisation received no complaints in 2019.

Financial Report 2019

The accounts for 2019 record a loss of €9,165 for the year. This compares to a loss of €2,404 in 2018 reflecting how difficult it has become to maintain services while operating on greatly reduced funding compared to a decade ago.

Income

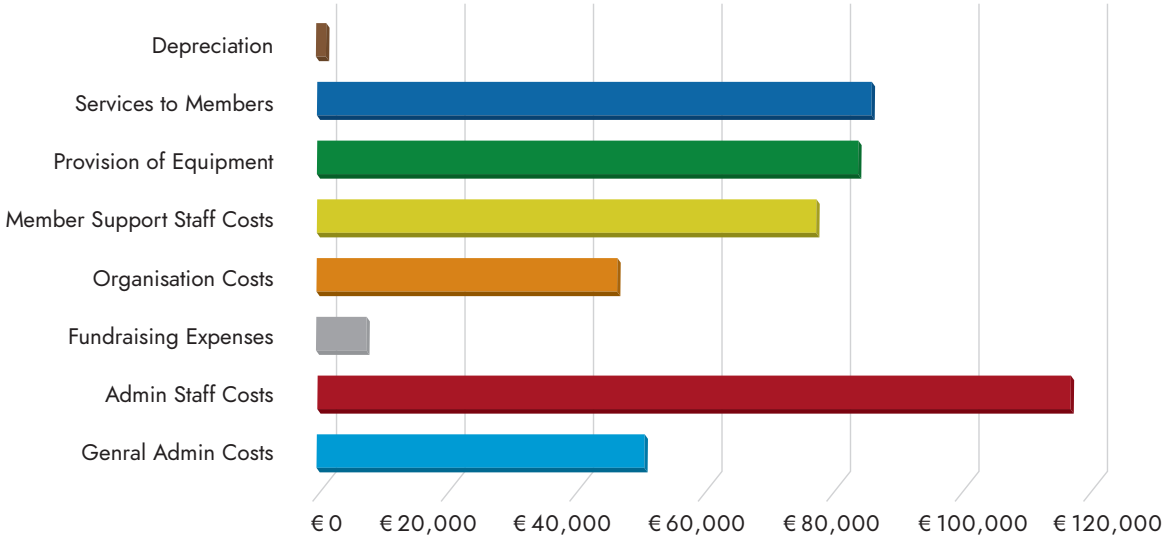


The HSE accounts for 80% of income received in the year. Almost ¾ of this funding is from Community Health Organisation (CHO) region 9 which funds all of Polio Survivors Ireland's staff as well as much of its organisational and administrative costs in addition to services and supports to members in North Dublin. The next largest funding region is CHO 4 (Cork & Kerry) which provided over €40,000 in funding in 2019. A further 5 HSE CHO Regions provided funding of between €6,000 and €14,000 last year to provide services and supports to polio survivors in their regions.

General Fundraising income includes donations and fundraising activities by members along with legacies and collections. Fundraising and other grants are very important as it enables us to offer supports to members which are not met by the HSE funds such as the winter heating grant.

Members Contributions are membership fees paid by members and contributions by members towards the costs of running social support activities. The Old Bequest is a large legacy received by the organisation some years ago a portion of which is drawn down each year to supplement current income.

Expenditure

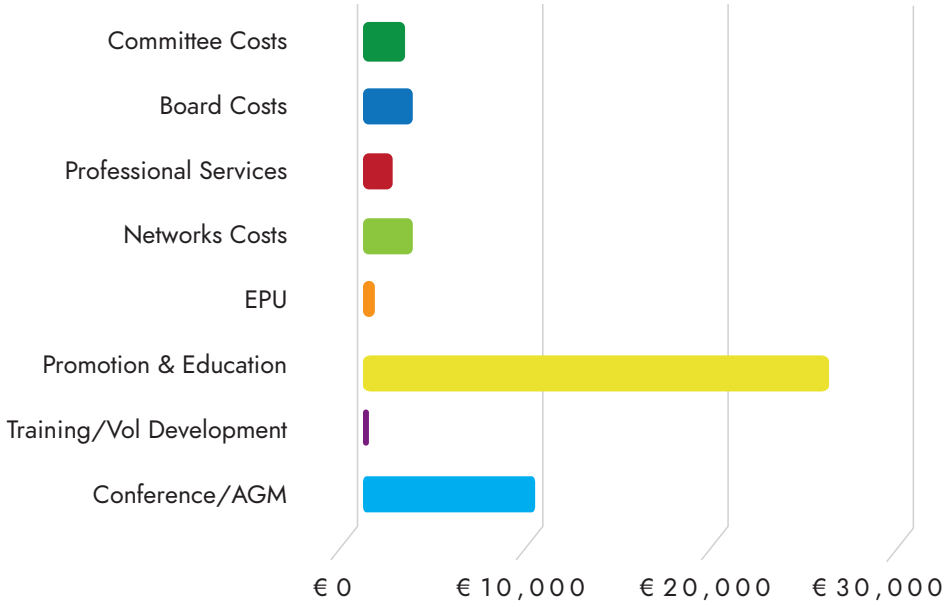


Total expenditure in 2019 was €464,682. The chart above outlines expenditure by category of expenditure.

Services to Members

The chart on page 22 illustrates the expenditure on service provision in 2019.

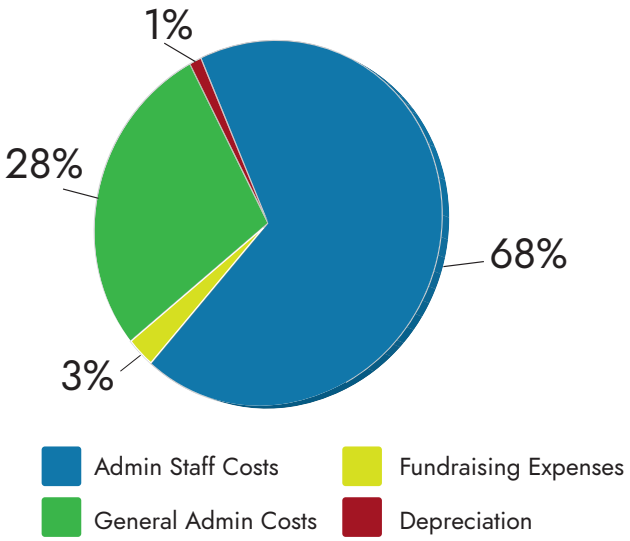
Organisational Costs



These are costs associated with running a national organisation and its governance. The two largest areas of expenditure in 2019 were Promotion & Education, which was primarily the costs incurred in promoting the Polio Register, and the Annual Conference/AGM.

Administration Costs

Administration staff account for the largest proportion of administration costs. These costs cover the cost of the CEO, Development Officer and the Administration Officer. None of the salaries exceed € 60,000 p.a. General Administration costs include rent, insurance, stationery, accounting and audit, telephones and heating and lighting.



Reserves

Net Current assets less current liabilities at 31st December 2019 were € 114,852 compared to € 125,142 at the end of 2018.

Outlook

These are very challenging times for the charity sector especially as there is no indication that the HSE intends to restore the funding it took from charities during the last recession. The board however is confident that the organisation can continue to provide a good quality service provided there is no further diminution of our revenue. The deficits of recent years shows that funding in the years ahead will be a matter of concern and other funding streams will be crucial. This will be very difficult for Polio Survivors Ireland.

MACRINA CLANCY
Treasurer

Post Polio Support Group
(A company limited by guarantee, without a share capital)

Directors' Report and Financial Statements

for the year ended 31 December 2019

Directors	Roisin Nolan (Resigned 30 May 2019) Joyce Henderson Pat McGillion Macrina Clancy Marie Hyland Fintan Foy (Appointed 12 February 2019) Elaine Twomey (Appointed 12 February 2019) Miriam Kavanagh (Appointed 26 March 2019) Robert Alcorn (Appointed 30 May 2019) Frank Mitchell (Appointed 30 May 2019) James Doorley (Appointed 21 October 2019)
Company Secretary	Joyce Henderson (Resigned 30 May 2019) Fintan Foy (Appointed 30 May 2019)
Company Number	354283
Revenue Charity Number	CHY 11356
Charity Regulator Number	20030926
Registered Office and Business Address	Unit 319 Capel Building Mary's Abbey Dublin 7 Ireland
Auditors	BMOL Partners Statutory Auditors 19 Herbert Street Dublin 2 Ireland
Bankers	Allied Irish Bank Capel Street Dublin 1 Ireland

Directors Report

The directors present their report and the audited financial statements for the year ended 31 December 2019.

Principal Activity and Review of the Business

To create awareness and to provide information regarding the late effects of polio among Polio Survivors, statutory agencies and the wider medical profession, and to ensure that the needs of Polio Survivors relating to their condition are met to enable them to live with dignity.

The Company is a registered charity with the Charities Regulator (20030926) and with the Revenue Commissioners (CHY 11356). The Company is limited by guarantee not having a share capital. There has been no significant change in these activities during the year ended 31 December 2019.

Principal Risks and Uncertainties

Financial risk management objectives and policies: The company uses financial instruments throughout its business. The core risks associated with the company's financial instruments are set out below. The board reviews and agrees policies for the prudent management of these risks as follows.

Liquidity and cash risk: The company's policy is to ensure that sufficient resources are available either from cash balances or cash flows to ensure all obligations can be met when they fall due.

Credit risk: The company's credit risk is dependent on the debtors' ability to pay within the company credit terms.

Financial Results

The deficit for the financial year after providing for depreciation amounted to (€9,165) (2018 - (€2,404)).

At the end of the financial year, the company has assets of €171,666 (2018 - €225,934) and liabilities of €56,814 (2018 - €100,792). The net assets of the company have decreased by € (10,290).

Directors and Secretary

The directors who served throughout the year are noted on page 2. There were no changes in shareholdings between 31 December 2019 and the date of signing the financial statements. In accordance with the Constitution, the elected directors but not the Board nominated directors retire by rotation.

Future Developments

While the Organisation is committed to reaching out to all Polio Survivors in Ireland, the welfare of its members remains its paramount concern. The Organisation is committed to ensuring that, as far as possible, sufficient funding is found to ease their problems and increase quality of life.

The Organisation will remain committed to maintaining sufficient income to meet the needs of Polio Survivors in real terms. Close liaison with the various Statutory Authorities, principally the Health Service Executive (HSE), will continue to be maintained and the Organisation will work in close partnership with all its funding bodies to accomplish its objectives.

Post Balance Sheet Events

There have been no significant events affecting the company since the year-end.

Auditors

The auditors, BMOL Partners, (Statutory Auditors) have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

Trading name

The trading name of the company is 'Polio Survivors Ireland', a registered business name in Ireland, 601798

Statement on Relevant Audit Information

In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

Accounting Records

To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at Unit 319, Capel Building, Mary's Abbey, Dublin 7.

Signed on behalf of the board





Pat McGillion **Macrina Clancy**

Director **Director** **1st April, 2020**

Directors' Responsibilities Statement (for year ended 31 December, 2019)

The Directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy and enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board





Pat McGillion
Director

Macrina Clancy
Director **1st April, 2020**

Independent Auditor's Report

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Post Polio Support Group ('the company') for the year ended 31 December 2019 which comprise the Income and Expenditure Account, the Balance Sheet, the Reconciliation of Members' Funds, the Cash Flow Statement and the related notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2019 and of its deficit for the year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which ISAs (Ireland) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated.

If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014
Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit. In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited. The financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception
Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

Respective responsibilities

Responsibilities of directors for the financial statements
As explained more fully in the Directors' Responsibilities Statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to the going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. A further description of our responsibilities for the audit of the financial statements is contained in the appendix to this report which is to be read as an integral part of our report.

The purpose of our audit work and to whom we owe our responsibilities
Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Angus Donohoe
for and on behalf of
BMOL PARTNERS
Statutory Auditors
19 Herbert Street, Dublin 2 **12 March, 2020**

Appendix to the Independent Auditor's Report - Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.

- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.

- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Post Polio Support Group *(A company limited by guarantee, without a share capital)*

INCOME AND EXPENDITURE	**ACCOUNT**	**for year ended 31 December 2019**	
	Notes	**2019**	2018
Income	4	**€455,517**	**€446,434**
Expenditure		**(€464,682)**	**(€448,838)**
Deficit before tax		**(€9,165)**	**(€2,404)**
Tax on deficit	7	**-**	_
Deficit for the year		**(€9,165)**	**(€2,404)**
Total comprehensive income		**(€9,165)**	**(€2,404)**

Approved by the board on 1st April, 2020 and signed on its behalf by





Pat McGillion **Macrina Clancy**

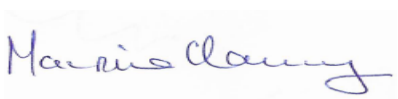
Director **Director**

BALANCE SHEET as at 31 December, 2019

	Notes	**2019**	2018
Fixed Assets			
Tangible assets	8	€1559	€184
Current Assets			
Debtors	9	€6020	€4,781
Cash & Cash Equivalents		€164,087	€220,969
		€170,107	**€225,750**
Creditors: Amounts falling due within one year	10	(€56,814)	(€100,792)
Net Current Assets		€113,293	€124,958
Total Assets less Current Liabilities		**€114,852**	**€125,142**
Reserves			
Capital Reserves & Funds		**€18,107**	19,232
Income & Expenditure Account		**€96,745**	€105,910
Equity Attributable to Owners of Company		**€114,852**	€125,142

Approved by the board on 1st April, 2020 and signed on its behalf by





Pat McGillion **Macrina Clancy**
Director **Director**

Statement of Changes in Equity as at 31 December 2019

	Retained Surplus	**Special Reserve**	**Restricted Reserve**	**Total**
At 1st January 2018	€108,314	€19,232	_	€127,546
Deficit for the financial year	(€2,404)	_	_	(€2,404)
At 31 December 2018	€105,910	€19,232	_	€125,142
Deficit for the financial year	(€9,165)	-	_	(€9,165)
Other movements in equity attributable to the owners	_	(€6,000)	€4,875	(€1,125)
At 31 December 2019	**€96,745**	**€13,232**	**€4,875**	**€114,852**

CASH FLOW STATEMENT for the year ended 31 December 2019

	Notes	**2019**	**2018**
Cash flows from operating activities			
Deficit for the financial year		(€9,165)	(€2,404)
Adjustments for:			
Depreciation		€661	€184
Movement on Reserves		(€6,000)	_
		(€14,504)	**(€2,220)**
Movements in working capital:			
Movement in debtors		(€1,239)	€60
Movement in creditors		(€43,978)	€5,370
Cash generated from operations		**(€59,721)**	**€3,210**
Cash flows from investing activities			
Payments to acquire tangible fixed assets		(€2,036)	_
Cash flows from financing activities			
Capital Contribution received		€4,875	_
Net increase in cash & cash equivalents		(€56,882)	€3,210
Cash & cash equivalents at beginning of financial year		€220,969	€217,759
Cash & cash equivalents at end of financial year	15	**€164,087**	**€220,969**

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 December 2019

1. GENERAL INFORMATION

The Post Polio Support Group is a company limited by guarantee incorporated in the Republic of Ireland

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the year ended 31 December 2019 have been prepared on the going concern basis and in accordance with generally accepted accounting principles in Ireland and Irish statute comprising the Companies Act 2014 and in accordance with the Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland (FRS 102) issued by the Financial Reporting Council

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. The company qualifies as a large company as defined by section 280H of the Companies Act 2014 in respect of the financial year.

Income

Deferred Income: Bequests and donations, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance. Where income is received in advance, recognition is deferred and, being only recognised in the period profit and loss account against matching expenditures.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Computer equipment	-	25% Straight line
Fixtures, fittings and equipment	-	15% Straight line

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

Employee benefits

The company facilitates employee payments to a Personal Retirement Savings Account (PRSA), deducted at source, and makes agreed matching employer contributions. Access to a PRSA is available to all employees of the company.

Taxation and deferred taxation

Current tax represents the amount expected to be paid or recovered in respect of taxable income for the year and is calculated using the tax rates and laws that have been enacted or substantially enacted at the Balance Sheet date.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable income and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the Balance Sheet date. Non-monetary items that are measured in terms of historical cost in a foreign currency are translated at the rates of exchange ruling at the date of the transaction. Non-monetary items that are measured at fair value in a foreign currency are translated using the exchange rates at the date when the fair value was determined. The resulting exchange differences are dealt with in the Income and Expenditure Account.

3. DEPARTURE FROM COMPANIES ACT 2014 PRESENTATION

The directors have elected to present an Income and Expenditure Account instead of a Profit & Loss Account in these Statements as the Company is a not-for-profit entity.

4. INCOME

The income for the financial year has been derived from:-

	2019	2018
HSE	**365,257**	362,890
General Fundraising	**53,753**	60,979
Other Grants	**22,197**	4,700
Interest	**1,241**	1,246
Members' Contributions	**4,820**	6,762
Major bequest	**6,000**	-
Other income	**2,248**	9,857
	455,517	446,434

The whole of the company's income is attributable to its market in the Republic of Ireland and is derived from the principal activity of grant receipts and fundraising. The Organisation receives >50% of its funding from the Exchequer.

5. OPERATING DEFICIT

Operating deficit is stated after charging:	**2019**	2018
Depreciation of tangible fixed assets	**€661**	€184

6. EMPLOYEES & REMUNERATION

Number of employees
The average number of persons employed (including executive directors) during the year was as follows:

	2019 Number	2018 Number
Admin Staff	**3**	3
Member Support Staff	**3**	4
	6	7

The staff costs comprise:

Wages and salaries	**€177,432**	€178,315
Social welfare costs	**€17,530**	€18,020
	194,962	196,335

Wages and salaries costs of €194,962 include salary costs, pension costs & social welfare costs

Salary bands:	No. of full-time staff	No. of part-time staff
0 - €10,000	0	0
€10,000 - €20,000	0	3
€20,000 - €30,000	0	1
€30,000 - €40,000	0	1
€40,000 - €50,000	0	0
€50,000 - €60,000	1	0

7. TAX ON DEFICIT

Analysis of charge in the year	**2019**	2018
Current tax:		
Corporation tax	**-**	-
Taxable at 0.00%		
	(€9,165)	(€2,404)

The entity is exempt from taxation due to its status as a registered charity (Registered Charity Number: CHY 11356)

8. TANGIBLE FIXED ASSETS

	Computer equipment	Fixtures, fittings & equipment	Total
Cost or Valuation			
At 1 January 2019	€19,235	€6,509	€25,744
Additions	€1,711	€325	€2,036
At 31 December 2019	€20,946	€6,834	€27,780
Depreciation			
At 1 January 2019	€19,051	€6,509	€25,560
Charge for the year	€612	€49	€661
At 31 December 2019	€19,663	€6,558	€26,221
Net book value			
At 31 December 2019	**€1,283**	**€276**	**€1,559**
At 31 December 2018	€184	---	€184

9. DEBTORS

	2019	2018
Other debtors	**€4,500**	€4,500
Accrued income	**€370**	€281
HSE Lottery Grant Receivable	**€1,150**	--
	€6,020	€4,781

10. CREDITORS

Amounts falling due within one year

	2019	2018
Trade creditors	**€25,961**	€54,598
Taxation (Note 11)	**€9,930**	€13,528
Other creditors	**€12,271**	€9,441
Pension accrual	**€1,645**	€1,645
Accruals	**€6,624**	€12,210
Deferred Income	**€383**	€9,370
	€56,814	€100,792

11. TAXATION

	2019	2018
Creditors:		
PAYE	**€9,930**	€13,528

12. STATUS

The liability of the members is limited. Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members or within one year thereafter for the payment of the debts and liabilities of the company contracted before they ceased to be members and the costs, charges and expenses of winding up and for the adjustment of the rights of the contributors among themselves such amount as may be required, not exceeding €2.

13. CAPITAL COMMITMENTS

The company had no material capital commitments at the year-ended 31 December 2019.

14. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the company since the year-end.

15. CASH AND CASH EQUIVALENTS

	2019	2018
Cash and bank balances	**€111,132**	€136,779
Cash equivalents	**€52,955**	€84,190
	€164,087	€220,969

16. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the board of directors on 1st April, 2020.

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS FOR YEAR ENDED 31 DECEMBER 2019 NOT COVERED BY THE REPORT OF THE AUDITORS. THIS IS NOT PART OF THE AUDITED FINANCIAL STATEMENTS

	Schedule	**2019**	2018
Income		**€455,517**	€446,434
Service & Organisation Costs	**1**	**(€293,847)**	(€287,634)
Gross Surplus		**€161,670**	€158,800
Gross Surplus Percentage		**35.5%**	35.6%
Administration Expenses	**2**	**(€170,835)**	(€161,204)
Net deficit		**(€9,165)**	(€2,404)

SCHEDULE 1 : SERVICE & ORGANISATION COSTS for the year ended 31 December 2019

	2019	2018
Member Support Staff Salaries	**€71,999**	€77,652
Member Support Staff Social Welfare Costs	**€6,838**	€8,268
Provision of Equipment	**€84,535**	€70,080
Organisation Costs	**€45,093**	€44,411
Service to Members	**€85,382**	€87,223
	€293,847	€287,634

Explanatory Notes

1. **Member Support Staff Salaries:** Salary costs for the Service & Information Co-ordinators and the Membership & Volunteer Recruitment Officer
2. **Social Welfare Costs:** Social costs associated with these staff positions e.g. pension
3. **Provision of Equipment:** Includes Aids & Appliances and Stairlifts
4. **Organisation Costs:** Costs involved in running the organisation e.g. Annual Conference, Board & Committee costs, member and volunteer recruitment and support costs
5. **Services to Members**: This category covers therapies, respite, heating grants, Survivor magazine, Social Support and Telephone Support

SCHEDULE 2: Administration Costs for the year ended 31 December 2019

	2019	2018
Admin Staff Salaries	**€105,433**	€100,663
Admin Staff Social Welfare Costs	**€10,692**	€9,752
Fundraising Expenses	**€5,690**	€2,885
General Administration Costs	**€48,359**	€47,720
Depreciation of Tangible Fixed Assets	**€661**	€184
	€170,835	€161,204

Explanatory Notes

1. **Admin Staff Salaries:** These are the salaries of the CEO, Administration Officer and the Development Officer
2. **Admin Staff Social Welfare Costs:** Social costs associated with these positions e.g. pension
3. **Fundraising Costs:** Costs incurred in fundraising activities
4. **General Admin Costs:** Office costs such as rent, heating, telephone, postage, stationery, insurance, IT, book keeping and audit
5. **Depreciation:** Depreciation charge of assets, mostly relates to computer equipment